Association for Lesbian, Gay, Bisexual, and Transgendered Issues in Counseling

www.aglbtic.org

Volume XXXIII, Issue 1

#### Pre-Conference 2008

A Division of the American Counseling Association

### From our President: Phyllis Mogielski-Watson, PsyD, CADC



### **Greetings Members:**

As we publish our preconference newsletter I take this opportunity to highlight some exciting ALGBTIC related events. First, enclosed in the newsletter is the ACA annual conference line up of ALGBTIC sponsored activities. (See page 6) We will host our reception, annual brunch, and of Learning. The ALGBTIC Day of Learning is sure to spark interest and offer many learning opportunities.

ALGBTIC will also have a booth in the exhibit hall. I encourage you to attend the events and stop by the booth. If you are unfamiliar with all ALGBTIC does, be sure to talk with a board member and at one of our convention events.

Additionally, the ALGBTIC journal, *The Journal of LGBT Isues in Counseling* continues to thrive. Submissions are always welcome and the editorial team seeks innovative and informative topics.

Equally important and exciting is the ALGBTIC web page. If you have not looked at the page recently, it is worth a visit to www. algbtic.org. Currently, the resource page is being revised and I encourage you to share valuable resources with us for possible inclusion in the revision. The international exposure of ALG-BTIC is largely due to the web page and the information it contains. Over the last several months ALGBTIC has seen a surge in international correspondence. People around the globe are finding ALGBTIC and letting us know about initiatives of support and advocacy. Most recently, ALGBTIC heard about programs and initiatives taking place in Mexico, Croatia, Europe, and Asia. An example of such international initiatives is the counseling conference taking place in Italy this summer. See the article about Croatia on page 10 for more details. Due to the increased international communication, ALGBTIC hopes to have an international section added to the web page. Global information and announcements will be shared via this communication format.

Continued on page 4...

### The ALGBTIC Booth needs

### Graduate students and New Professionals

Michael M. Kocet, Ph.D.,

Graduate & New Professionals Committee Chair

Whether it's just one hour, or ten, ALGBTIC is eager to have you volunteer and represent our organization at the convention booth! People often ask how they can become more involved in ALGBTIC. Volunteering at the ALGBTIC booth in the exhibition hall during the annual ACA Convention is an easy and important way to do to help. We are seeking graduate students and new professionals who are interested in serving as booth exhibitors and volunteers. ALGBTIC board members will also be volunteering at the booth throughout the convention. This is a great way for graduate students and new professionals in the field to meet and be mentored by ALGBTIC leadership.

Each year the Association for LGBT Issues in Counseling has a booth with information about our organization, as well as LGBT pins, stickers, and journals/books on a variety of topics in lesbian, gay, bisexual, and transgender counseling. The convention is a great opportunity for professional development, to learn about new and innovative techniques, research, and information about the counseling profession. It is also a great way to connect with friends and colleagues and develop connections with new folks! Once again, ALGBTIC has partnered with Qgiftsonline.com an online LGBT owned company to provide convention attendees *Continued on page 6...* 

# 2008 ALGBTIC AWARDS NOMINATIONS

Attention ALGBTIC Members! As we approach the 2008 ACA Convention to be held in beautiful Honolulu, Hawaii, we are reminded that it is time to think about honoring those persons that exemplify outstanding service to LGBT issues nationwide as well as to our division. Nominations for the following three awards are now being accepted: (a) Joe Norton Award, (b) ALGBTIC Service Award, and (c) Mentor Award.

Continued on page 4...

### At a Glance...

Transgender Committe of ALGBTIC	page 3
Join the ALGBTIC Information Exchange	page 5
Howard Fradkin: Recollections of AGLBIC	page 9
ALGBTIC Day of Learning	page 1



# ALGBTIC Leadership



Associate Director of Training,
Office of Placement & Training,
The Chicago School of Professional Psychology
325 N. Wells
Chicago, IL 60610
312.329.6692
pmogielski-watson@thechicagoschool.edu

#### Anneliese Singh, Ph.D., President-Elect

Assistant Professor University of Georgia 402 Aderhold Athens, GA 30602 404.849.8186 nanakikaur@yahoo.com

#### Brian Dew, Ph.D., Past-President

1210 Beech Haven Rd. Atlanta, GA 30324 404.808-5436 bdew@gsu.edu

#### Michael P. Chaney, Ph.D., Secretary

Assistant Professor Oakland University 440B Pawley Hall Rochester, MI 48309 248.370.3084 chaney@oakland.edu

### Robert L. Mate, MS, NCC, LMHC, Treasurer

Assistant Dean of Students
Office of the Dean of Students
Purdue University
475 Stadium Mall Dr
West Lafayette, IN 47907
Phone: 765.494.5860
Fax: 765.496.1550
rmate@purdue.edu

#### Susan Rachael Seem, Ph.D., LMHC, NCC, ACS, Trustee 2007-2010

Associate Professor/Chair Department of Counselor Education SUNY College at Brockport 350 New Campus Drive Brockport, NY 14420 585.395.5492 sseem@brockport.edu

### Edward Cannon, Ph.D., Trustee 2006-2007

Assistant Professor, Dept. of Counseling Community Counseling Program Marymount University, Arlington, VA 757.817-8258 Edward.Cannon@marymount.edu

#### Michael Kocet, Ph.D., LMHC, Trustee, 2005-2008

Associate Professor, Department of Counselor Education Bridgewater State College 110 Kelly Bridgewater, MA 02325 508.531-2721 mkocet@yahoo.com

### Ned Farley, Ph.D., Governing Council Representative, 2006-2009 Editor, Journal of GLBT Issues in Counseling

Chair, Mental Health Counseling Program
Coordinator, Integrative Studies in Psychology Program
Center for Programs in Psychology
Antioch University Seattle
2326 Sixth Avenue
Seattle, WA 98121-1814
206.268.4814
nfarley@antiochsea.edu

### Sue Strong, Ph.D., CACREP Representative, 2005-2008

Professor of Counseling and Educational Psychology College of Education Eastern Kentucky University 406 Combs Bldg. Richmond, KY 40475 859.277.3119 Fax: 859.622.1126 sue.strong@eku.edu

#### Committe Chairs 2007-2008

Michael Kocet, Graduate Student/New Professionals
John Marszalak/Philip Gnilka, Membership
Brian Dew, Awards
Brian Dew Nominations and Elections
Brian Dew, Bylaws
Rhodes Gibson/Rob Mate, Webmasters
Bob Rohde, Historian and Archivist
Denny Frank, Media and Public Relations Chair
Tracey Gagné, Multicultural Consultant
Susan Seem/Ed Cannon, Branch Chapter Committee

Karen Hartman, M.S. Ed., Editor of the AGLBIC News Krueger Middle School 2001 Springdale Michigan City, IN 219.873.2061 (W) 219.728.9757 (cell) khartman@mcas.k12.in.us (W), raed8@comcast.net(H)

# Interested in Joining the ALGBTIC Board?

Nominations for President Elect (2009-2010) and Trustee (2009-2012) will be officially collected at ALGBTIC's Business Meeting to be held at the 2008 ACA Convention. However, you do not have to be in attendance to have your name put forth for nomination. If you have an interest in one of these positions and would like to obtain additional information, please contact Brian Dew, Nominations Chair, at bdew@gsu.edu.







# Governing Council Report Membership Committee

Ned Farley, Ph.D.

Governing Council Representative

Our fall Governing Council meeting met in Washington, D.C., October 26-28. We had the good fortune to overlap with the Council of Presidents and Region Chairs (COPARC) meeting, so we had the opportunity to meet with the current division presidents and region chairs and exchange ideas. I was pleased to spend some time with our ALGBTIC president, Dr. Phyllis Mogielski-Watson, and hear about important conversations that were happening in their work group.

Our fall Governing Council meeting was full, and we had some important work to do. The following are the highlights of decisions made at this meeting. Of note were decisions made to move forward with changing our dues structure (following up on our spring meeting in Detroit) as well as several motions to tighten up financial procedures in order to avoid operating with deficits, and continued discussions regarding working on our strategic plan:

- 1. Governing Council representatives may have the option of running for re-election to a second three-year term immediately following their first. G. Leddick/B. Erford: Passed.
- 2. Propose that Governing Council in collaboration with the ACA staff resolve to craft an alternative dues structure that would provide ACA members with a menu of membership options. The Collaborative Task Force: Defeated.
- 3. Future ACA Fellows be elected by secret ballot by a simple majority vote of Fellows. Self nomination would not be permitted and nomination information would be completed by nominators, not candidates. G. Leddick/C. Osborn: Defeated.
- 4. \$580,817.54 earned in the Association's designated funds be undesignated by the Governing Council. Financial Affairs Committee: Passed.
- 5. The ACA Executive Director develop and implement a three year budget plan that will eliminate or significantly minimize the likelihood that the Association will realize an operating deficit at the end of any fiscal year. The Executive Director, along with staff and the Financial Affairs Committee will report back at the March 2008 Governing Council meeting with a report outlining the plan. Financial Affairs Committee: Passed unanimously.
- 6. 33% of investment income from interest and dividends earned each year from designated funds be deemed unrestricted for a period of the three years. Financial Affairs Committee: Passed.
- 7. To amend Policy 1501.2 in the section describing "Other Transfers into Reserves" (the requirement to transfer one third (33%) of any excess revenues over expenses into the excess revenue reserv fund) so that such excess revenues are defined to exclude invest-

Continued on page 4...

Philip Gnilka and John Marszalek Membership Co-Chairs

Under the leadership of past-president Brian Dew, the membership committee worked hard last year to maintain and increase the membership of ALGBTIC. To reach our goal, we began sending out reminders to members whose membership was nearing renewal and sending out letters to those whose membership had lapsed encouraging them to renew their memberships.

Under the leadership of our current president, Phyllis Mogielski-Watson, we continue to work to help ALGBTIC grow. As of January 2008, ALGBTIC was 775 members strong. Because ALGBTIC has so much to offer its members, the membership committee has an easy sell to recruit new members and encourage current members to renew their memberships. ALGBTIC members continue to receive our journal, Journal of LGBT Issues in Counseling, and you are reading newsletter avaible online at our web site (http://www.algbtic.org) . We continue to have a listserv (https://lists.purdue.edu/mailman/listinfo/aglbic-l) for members to connect and discuss important issues related to LGBT and counseling, and our website at www.aglbic.org includes an extensive list of resources, a therapist resource list, and current updates on AGLBIC happenings. For those of you able to attend ACA conventions, we will again be holding an AGLBIC Day of Learning at the 2007 ACA convention in Hawaii. We will also have several social events including our annual brunch.

If you would like to join our committee, please contact us at john. marszalek@gmail.com or pgnilka@gmail.com. We can use your help and welcome your ideas!

Of course, the ALGBTIC leadership is always looking for ways to serve its members and to make it an organization of which its members can be proud. Please let us know if there are other services you would like to see ALGBTIC offer.

# Transgender Committee of **ALGBTIC**

As a WPATH and ACA member, I proudly present a new committee for the advocacy of Transgender issues in Counseling.

I have accepted a unique opportunity to introduce a dedicated group of practicing professional counselors who comprise the Transgender Committee of ALGBTIC. We are committed to sharing with you, our counseling colleagues, our goals for this committee. The Transgender Committee is comprised of clinical practitioners, dedicated educators, and transgender people who are working together to provide an understanding of the unique social and counseling needs of transgender people within our profession. We are working closely with the ALGBTIC Board to ensure that our division develops a strong advocacy and educa-

Continued on page 4...

**Pre-Conference 2008** 3 **ALGBTIC News** 

#### From our President continued from page 1...

In closing, I want to thank you for your continued support of ALGBTIC and I encourage you to get involved in the Division. If you are unsure how to do this, talk with a board member.

Aloha friends. See you in Hawaii.

Phyllis Mogielski-Watson

### 2008 Award Nominations Continued from page 1...

The Joe Norton Award is given to an organization, typically in the host city of the conference, that reflects the commitment and dedication towards human equality that is demonstrated in our founding father. The ALGBTIC Service Award is granted to an individual whose contribution to the division and/or the LGBT professional community that goes beyond the normal "call of duty." ALGBTIC's Mentor Award is given to an individual who, through one's own achievement and leadership in the counseling profession, serves as an exemplary role model to others in the division. If you would like to nominate an individual or organization for an ALGBTIC award, please send the person's or organization's name and a 1-2 paragraph summarizing why they warrants such recognition to bdew@gsu.edu. Nominations are due by 5:00 p.m. on February 29, 2008.

ALGBTIC News, the newsletter of the Association of Gay, Lesbian, Bisexual and Transgender Issues in Counseling, is published three times annually. The ALGBTIC News is published online in the summer and fall. Our Pre-conference issue is a mailed hardcopy. The publication dates and submission deadlines are:

Summer edition: July 1st: Submission Deadline: May 15th

Fall edition: November 1st:

Submission Deadline: September 15th

Pre-conference edition: February 1st. Submission Deadline: December 15th.

Submission Guidelines

Submit articles and items of interest to our readership and members that are current and informative. Submissions that encourage dialogue and opinion are especially encouraged.

All text submissions can arrive either by email [formatted in MS Word, .rft or embedded in an email] to the editor. Please note that the editor has the right to edit your submission due to space considerations and/or content issues.

Please send your submissions to: Karen Hartman, M.S. Ed Editor, ALGBTIC News raed8@comcast.net(H)

**Disclaimer:** Although the ALGBTIC News attempts to publish articles and items of interest that are consistent with the mission and goals of ALGBTIC, they do not necessarily reflect the overarching opinions, policies, or priorities of ALGBTIC or ACA.

#### Governing Council Report Continued from page 3...

ment incomes and gain, i.e. the "operating fund surplus". It is recommended that this policy be effective for financial activity beginning on June 30, 2006. Financial Affairs Committee: Passed.

- 8. The American Counseling Association is opposed to the use of torture as an interrogation technique device by any government. L. Severson/ S. Lopez-Baez: Motion was withdrawn by President Canfield as being in violation of policy and procedures (policy 301.7)
- 9. ACA adopt the membership alternative (#5: 'menu option') and staff immediate begin to develop options, provide a cost analyses of these options, and implement the new system by July 1, 2009. B. Erford/N. Farley: Passed.
- 10. The Strategic Areas of Focus be renamed the ACA Strategic Plan. C. Rollins/N. Farley: Passed.
- 11. Request that ACA staff also prepared a cost analysis for merging item # 2 and # 5 for the presentation to the Governing Council at the Hawaii Conference so that the Governing Council could consider both the 'menu option only' and the 'menu option plus divisional membership'. K. Brawley/S. Vassos: Passed.
- 12. The Executive Committee prepare and report describing our options regarding lease/purchase of our headquarter building to be discussed at our Hawaii meeting. G. Leddick/D. Pehrsson: Motion Passed

### Transgender Committee of ALGBTIC continued brom page 3...

tion voice on transgender concerns, as well as to ensure that our division adds the "T" in a meaningful way to our division's name.

This far, we have coordinated efforts via email and telephone conversations to determine how each member wishes to contribute and what unique strengths each one brings to the challenge laid out before us as counseling professionals in working with transgender people. Current projects of the Transgender Committee are: writing articles on transgender concerns, developing programming on transgender issues, and working with the ALGBTIC board to create a trans-positive space in our division.

To date, we have achieved an agreement from five committee members to devote one hour of time to conference calls every 2-3 months, in addition to working on individual projects between conference call meetings. Currently, the committee is led by Anneliese Singh, Julia Hosea, Don Sidelinker, Denise Pickering, and Manivong Ratts. Please email Anneliese Singh at nanakikaur@yahoo. com if you are interested in working with this committee.

~Submitted by Don Sidelinker, ALGBTIC/Transgender Committee

# Our Progressing Journal

Ned Farley, Ph.D., Editor Journal of LGBT Issues in Counseling

By the time you receive this pre-conference newsletter, our first special issue on Counseling LGBT Couples and Families should be in your hands. I am very proud of the work our guest editors (Drs. Joy Whitman (past-president of AGLBIC) and Bret Hendricks (president of IAMFC)) did on this issue, and look forward to publication of our next special issue.

In addition, we have finalized Volume two, issues one and two, and both have been sent to the publisher to be queued up. Currently these issues are tentatively scheduled for publication in February and April respectively. While submissions are still not up to the volume or fl ow that we ultimately would like, I am happy with the quality of submissions overall, and feel that as we get better known in the journal community, our submission rate will also increase. Finally, we have put out our "call for submissions" for our second special issue, focusing on Addictions and Substance Use/Abuse within the LGBT community. Guest editors will be Drs. Brian Dew (past-president of AGLBIC) and Pam Lassiter (past-president of IAAOC).

On a final note, we have recently been informed that Haworth Press has been sold to Taylor & Francis, a highly respected academically oriented publishing group. Haworth will become part of this publishing organization; and at this point, do not anticipate any major interruptions in our work. Of course, as with any acquisition, changes may still come down the road. I am hopeful that it will not have any negative impact on our journal. If anything, Taylor & Francis already have a fully functional electronic submission process which will most likely mean that our publication schedule will be even more streamlined than it currently is; and we most likely will be able to publish our journal in an even more timely manner. I'll keep you all informed of any major changes down the road.

Please stop by the ALGBTIC booth in Honolulu. We hope to have samples of our journal available for viewing!

# Join the ALGBTIC Information Exchange

This listserv is especially dedicated to the exchange of information for both ALGBTIC members and nonmebers alike. There are frequent lively exchanges of ideas and opinions on a variety of LGBTQ-related topics, such as issues around counselor education, research opportunities, transgender support, and many more. Stay in touch with the ALGBTIC leadership as well because many announcements are posted to the membership via this listserv. You may receive posts as they are sent out or in a daily digest. Please go to the following website and found out more - and sign up! https://lists.purdue.edu/mailman/listinfo/algbtic-l

# ALGBTIC Branch Chapter Updates

# Conference TOPIC @ Georgia State University

Lamar A. Birckbichler, President, ALGBTIC- GSU Chapter

At Georgia State University, we are preparing for our 4th Annual Day of Learning Conference, which is scheduled to be held on February 1, 2008. This year our conference theme is Conference TOPIC. This regional conference is open to everyone and provides opportunities to share research and dialogue on these Gay, Lesbian, Bisexual, and Transgender Issues in Counseling. At the end of the conference we award the Annual Karen Lopp Memorial Scholarship to an individual who we believe to be an advocate in the area of sexual identity and/or gender identity issues.

Our organization was conceptualized and founded during the summer of 2004 and became a recognized student organization at Georgia State University in the spring of 2005. Our organization's goal is to educate and support all CPS students, faculty, and staff as they increase their awareness and knowledge of sexual identity issues and gender identity issues within the mental health community. Our organization, which is comprised of both heterosexual allies and gay, lesbian, bisexual, transgender, queer, intersex, and questioning (GLBTQIQ) individuals, believes that we all must strive for competency and excellence related to these matters.

### Graduate Students/New Professionals:

Book Reviewers/Article Submissions Needed for Newsletter. Michael Kocet, Chair

Graduate Student/New Professionals Committee

Do you enjoy reading? Have you read a book on LGBT issues that you think our members would benefit from checking out? Would you like to try your hand at writing?

ALBGTIC is seeking graduate students and new professionals who are interested in writing book reviews on LGBT fiction or non-fiction, or articles impacting LGBT graduate students for our organization's newsletter. Our newsletter has received kudos from many within ACA as being an outstanding newsletter that produces quality materials. We would be very eager to receive articles on a variety of topics that impact LBGT graduate students. We have a great editorial staff, as well as ALGBTIC leaders who are available to help mentor you in writing an article of the newsletter. You don't have to have prior newsletter writing experience. We are here to help! Just send us an email expressing your interest and we can discuss potential topics for you to write about. If you need suggestions for books to review, let us know that too! Send an email to Michael Kocet mkocet@yahoo.com. and let us know you want to participate! We welcome submissions at any time of the year. Happy reading!

### Volunteers Needed at ALGBTIC Booth continued from page 1...

with LGBT related lapel pins, stickers, and other fun items, many of which sell out very quickly. Qgiftsonline is a local business based in Ohio and we are glad that ALGBTIC has an opportunity to support small queer businesses like this one.

ACA provides 2 free conference registrations to graduate students who volunteer at the ALGBTIC booth during the convention and who have not yet paid their ACA Convention registration. ALGBTIC sponsors an additional graduate student by paying for a grad student's conference registration costs. Faculty members are encouraged to have their graduate students volunteer at our organization's booth and attend the ALGBTIC Day of Learning and other division events during the convention. Graduate students receiving free conference registration must commit to a minimum of 10 hours of volunteering over the course of the three days the exhibit hall is open. However, ALGBTIC also seeks graduate students and new professionals who are interested in volunteering an hour or two of their time. Dates/Times volunteers are needed at the booth are:

Thursday, March 27, 2008: 5-7:00 p.m. Friday, March 28, 2008: 11:00am-5:00 p.m. & Saturday, March 29, 2008: 10:30am-5:00 p.m.

Please send an email no later than March 1, 2008 expressing your interest in serving as a volunteer for the ALGBTIC booth and if you wish to be considered for free or reduced conference registration. Also, please indicate what times you are available to volunteer at the booth. Please send inquiries to: Dr. Michael Kocet, Chair of the Graduate and New Professionals Committee at mkocet@yahoo.com or (508) 531-2721.

# INTHEDIE

is a national television series in a news magazine format that reports on gay and lesbian issues and culture. IN THE LIFE broadcasts on over 120 public television stations nationwide, including all of the top 20 viewer markets, reaching over one million viewers per episode.

Go to the website to watch the latest and archived episodes. You can also download episodes as podcasts.

http://www.inthelifetv.org

# FYI: Ex-Gay Ministry

"...it would be better if I were to commit suicide than go back into the world and become a homosexual again."

The above quote was taken from an article "Christians Ex-Gay Brainwash Thousands" which was posted to our listserv by member Bob Loos in December 2007. The quote was credited to Tom Otteson as he recalls his experiences at the Love In Action, a residential "exgay" program run by John Smid, where clients paid \$1,000 a month in hopes of becoming heterosexual in the 90's.

Since that time Love in Action uses the term "ministry" instead of "therapy" and has gone to a \$2,000, four-day intensive encounter called Refuge that is marketed to families and teens. You can read this article "Christian 'Ex-Gay' Brainwash Thousands" written by Casey Sanchez for Intelligence Report posted on December 15, 2007 at:

http://www.alternet.org/story/70491

# ALGBTIC-ACA 2008 Hawaii Convention

Thursday, March 27th 9AM to 5PM ALGBTIC Board Meeting-Hibiscus 1

Happy Hour 7PM to 8:30PM Shell Bar in the main lobby of the Hilton.

> Friday, March 28th 11AM to 1PM ALGBTIC Brunch-Lehua

Saturday, March 29th 2:30PM to 3:30PM ALGBTIC Annual Business Meeting-Kahili 1

3:30PM to 4:30PM ALGBTIC Graduate Student Meeting-Kahili 2

7PM to 8:30PM ALGBTIC Reception-Sea Peal 2 & 3

### Special Edition Submissions Call: Addictions and Substance Abuse within the LGBT Community

Ned Farley, Ph.D.

Editor, Journal of LGBT Issues in Counseling



The Association of Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC), a division of the American Counseling Association (ACA) is inviting submissions for our second special edition of "The Journal of LGBT Issues in Counseling". This edition will focus on Addictions and Substance Abuse within the LGBT community. The intent of this special edition is to publish articles relevant to working with sexual minorities around

issues pertinent to addictions, and substance use and abuse, and that will be of interest to counselors, counselor educators, and other counseling related professionals that work across a diversity of fields, including in schools, mental health settings, family agency's, and colleges and universities. This journal welcomes the submission of articles that reflect our special focus and are pertinent to the health of sexual minority individuals and communities, and should focus in one of the following areas: (1) new research in the field of counseling, (2) a review of the literature that critically integrates previous work around a specific topic, (3) introduction of new techniques or innovation in service delivery within the counseling field, or (4) theoretical or conceptual pieces that reflect new ideas or new ways of integrating previously held ideas. While the tentative deadline for submissions is December 31, 2007, we will be open to receiving late submissions for consideration.

All submissions should be prepared accorded to the guidelines of the most recent Publication Manual of the American Psychological Association, including the use of citations and references, and inclusion of non-discriminatory language. Submissions should be no longer than 5-50 pages. While this journal will be a hard copy journal, manuscripts should be sent electronically, as attachments via the e-mail address below. All work should be done in Microsoft Word. Tables and figures should be used only when essential, and illustrations or graphs should be embedded in your manuscript at their appropriate place. Please make sure to include author contact information, including phone and e-mail. If accepted for publication, final manuscripts should be publication ready when submitted. It is the author's responsibilities to secure permission to use any copyrighted materials within their manuscript. We ask that you indicate in your cover letter which of the four areas that this journal focuses on (see above) best fits your article. It is expected that authors follow the most current ACA Code of Ethics and Standards of Practice. It should be understood that authors bear full responsibility for the accuracy of all referenced, quotations, tables, figures, and the overall content of their article.

Continued on page 8...

# Graduate Students/New Professionals: Looking to get Involved?

The ALGBTIC board members are continually striving to find ways to get more active involvement from our members. If you are interested in volunteering a few hours a month on an ALGBTIC committee or other project, please let us know! ALGBTIC members are always available to assist graduate students with ideas for research projects, mentoring on dissertation or theses, or just to offer a supportive ear and encouragement. If you need any type of assistance for a class project or paper or any other way that we can support you, please don't hesitate to contact me at mkocet@yahoo. com. I can help connect you with an ALGBTIC leader or member who might have the information or resources you need.

Have a wonderful spring!! Michael M. Kocet, Chair

# The 10 Step Process: Starting up A State AGL BIC Branch

Sue Strong, P.h.D.

**First**, obtain a copy of AGLBIC's mission statement and bylaws (see below taken from www.aglbic.org).

**Second,** obtain a copy of the mission statement and bylaws of your state counseling association (contact the bylaws chair). Edit the mission statements and bylaws to match the purposes and policies of the proposed state AGLBIC. The bylaws of the national AGLBIC and the state counseling association must be congruent, edit for any conflicts. Then, solicit support from the present and past leaders of the state counseling association. Call or meet personally with these leaders on an individual basis to fully explain the role of and need for AGLBIC at the state level.

**Third,** hold an organizational meeting at a time and place convenient to many members, such as at the annual state conference. If you meet at a conference, schedule the organizational meeting of AGLBIC when it does not conflict with any other major events, for example lunch with some meeting time afterwards may work well.

Fourth, for a while AGLBIC may be a fledgling division in your state, you may consider limiting the number on the Executive Committee and\or the minimum membership required to start a division. Perhaps initially elect a President and Secretary\Treasurer for two year terms each, with the option to seek reelection, and set the minimum membership as low as the state counseling association will allow.

**Fifth,** in order to have a cooperative alliance with the state counseling association, you might require all AGLBIC members to also belong to the state association. Being unified with the state association may reduce potential conflicts.

Continued on page 8...

### Special Edition Call for Submissions continued from page 7...

Please identify submissions as for this special edition by noting in your cover letter "LGBT Addictions and Substance Abuse". Please submit articles to Ned Farley, Editor, The Journal of LGBT Issues in Counseling at nfarley@antiochseattle.edu. All special edition submissions will be forwarded to our guest editors for review. Confirmation will be sent via e-mail. In addition, please mail all appropriate signed copies of the Manuscript Submission and Limited Copyright Transfer Form required by Haworth Press, Inc. to Ned Farley, Ph.D., School of Applied Psychology, Counseling and Family Therapy, Antioch University Seattle, 2326 Sixth Avenue, Seattle, WA 98121-1814. This form can be found online at: www. haworthpress.com/pdfs/Jmanuscript.pdf

### 10 steps to a Chapter Branch continued from page 5...

**Sixth,** in order to build membership quickly to stabilize the organization, consider making first year membership free and keeping dues to a minimum thereafter. Contact counselor educator-allies to help encourage student membership. Invite members of committees, interest groups, etc. in the state association which have an interest in advocating for gay, lesbian, bisexual, and transgendered (GLBT) people to become members of AGLBIC (for example Human Rights Committee).

**Seventh,** run an article on AGLBIC in the state counseling association newsletter and in the newsletters of the other state divisions announcing the need and plans for a division that addresses the needs of GLBT people.

**Eighth,** encourage AGLBIC to be a welcoming organization for allies as well as GLBT people. Personally contact straight allies in the state counseling association and request their membership in AGLBIC. Write an article on the role of and need for straight allies in the state association newsletter and division newsletters.

**Ninth**, see who is interested in running for office prior to the organizational meeting and encourage several candidates.

**Tenth**, recognizing AGLBIC as a division at the state counseling association level is an excellent opportunity to educate members of your state. If nothing else, AGLBIC will appear in the state association directory which is often printed in the quarterly newsletter, will have a seat on the board of directors, and will provide workshops at the annual conference. Keep the faith and do not underestimate the power of the visibility of GLBT issues that recognition of a division at the state association level will bring.



The oldest gay university organization in the U.S. is the Gay and Lesbian 'Ohana at U.H. Manoa

### www.gayhawaii.com

Gay and gay-friendly businesses, community resources and beaches on the islands of Oahu (which includes Waikiki and Honolulu), Maui, Kauai and the Big Island of Hawaii.



Editor's Note: This information was sent to me as a request for proposals for this conference at a time when it was too late to include in the last newsletter and as the deadline for proposals is February 1, 2008, untimely for the inclusion in this newsletter. Therefore, I am including this information as an FYI to all members to inform on ASERVIC's upcoming conference and of the possibility of submitting proposals on any future conferences ASERVIC may hold in the future. For more information please go to their web site http://www.aservic.org



# ASERVIC Conference on Spirituality in Counseling: Illuminating the Path for Training and Practice

June 15-17, 2008 Lake Junaluska, NC

The ASERVIC Conference on Spirituality in Counseling: Illuminating the Path for Training and Practice is an experiential and participatory conference that focuses on the ASERVIC Spirituality Competencies. This even will help practitioners and educators integrate these competencies into the counseling process, regardless of theoretical orientation, religious/spiritual barkground, or work setting.

The Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC) is an organization of counselors and human development professionals who believe spiritual, ethical, and religious values are essential to the overall development of the person and are committed to integrating these values into the counseling process. ASERVIC endeavors to create an environment that empowers and enables the expression, exploration, development, and research of evolving spiritual, ethical, and religious values as they relate to the person, to society, and to the profession of counseling.

Howard Fradkin's graduate advisor at the University of North Carolina-Chapel Hill required that students submit programs for the ACA (APGA) convention. Howard submitted a program on a sexuality counseling model for working with lesbian and gay clients that was accepted at the 1977 APGA conference and it drew about 100 people. Howard felt like people were "hungry for information on gay and lesbian issues". Many of the people involved in AGLBIC (at the time referred to as the Caucus of Gay and Lesbian Counselors) attended his workshop. Howard was then able to locate the AGLBIC suite which was "blocks and blocks and blocks away from the main hotel". And so began Howard's long and positive history in leadership with AGLBIC and his relationship with Joe Norton and Bob Rhode who served as role models. Although Bob Rhode never chaired AGLBIC, Howard stated that he was always in a strong leadership role with the association.

Howard began Co-Chairing AGLBIC with Brenda Hawkins in 1978 when they were both graduate students. The organization had

a specific policy at the time that required a male and a female Co-Chair. Howard that stated "probably ran for a different office in AGLBIC prior to the Chair position, but "didn't know what was".

developmental time line and had the Association of Gay and Lesbian Psychologists which was further along in its move to eventually be recognized as Division 44. He stated that the primary relationship between ACA and AGLBIC at the time was invisibility and AGLBIC "lacked the vision, courage, or political awareness to be more visible". The organization "struggled with invisibility but did not go before the Governing Council to present any resolutions".

continued to hold us back". He stated that APA was on a similar

Howard focused his energy in the organization by also writing columns in the newsletter and developing programs for the conference that focused on "being out in your work". He felt "amazed how closeted most people felt like they needed to be". He stated that they would come to his workshops and talk about it, but they felt so much oppression they thought it would be "suicide" to come out at work. He felt "sad that people felt so guarded and so unsafe".

Howard thought

that "Joe Norton

was an inspir-

ing person". He

ACA conference

D.C. at a time of

the year when it

was still cool out-

side and "Joe was

Washington,

remembered

## **Howard Fradkin** Recollections of AGLBIC (Co-Chair 1978-1985)

NOTE: Like many people interviewed for the AGLBIC Legacy Project, Howard stated that his memories may have faded with time, which is why this series of articles are named a "Collection of Recollections". The readers may then draw their own interpretation of AGLBIC's history through reading the stories of the early leaders. History is a fluid subject always open to various points of view, opinions, and re-interpretations. The organization has undergone several name changes over time, but for convenience this writer has referred to it as ABLBIC, unless the name has a specific historical context. (Howard Fradkin was interviewed for this article on December 5, 2006.)

walking around in shorts, having the time of his life". He described Joe as a "free Prior to leadership in AGLBIC, Howard had started developing an spirit" and that "Joe's coming out made him a different human being. Joe had a strong presence in ACA and pushed for a lot of policy change.". Bob Rhode was another role model for Howard in AGLBIC, and Bob was very vocal about wanting the organization to be visible and important at the conferences.

complishment" and was glad that what everyone "had been working toward all of those years finally achieved an official place Howard reflected on his goals for the organization during his leadat the table". He hopes that ABLBIC will "continue to promote acceptance of the division within ACA because gay and lesbian counselors and therapists continue to need support. The country and profession are at a much more accepting place but still have a long way to go".

Howard Fradkin is in private practice in Columbus, Ohio. Warm regards can be sent to Howard at HFradkin@Columbus.RR.Com.

All comments about this article may be addressed to the author: Dr. Sue Strong, Professor of Counseling and Educational Psychology, Eastern Kentucky University, sue.strong@eku.edu)

Howard sees reaching division status for AGLBIC as a "huge ac-

expertise in gay and lesbian issues by volunteering at a peer counseling program in Chapel Hill during graduate school. In 1975, he became the Treasurer and later the President of the gay student association at Chapel Hill. He stated that he had a very "supportive graduate advisor who was helpful to him in coming out, finding my footing, and accepting who I was". The "gay association was active and Chapel Hill was a good place to come out".

ership and it was primarily to "gain more visibility" for the organization by becoming more visible at the convention, create a home base in the ACA headquarters' hotel, "get a big suite" so everyone could find the organization, increase the number of programs submitted to ACA and conducted in the suite, increase social events at the conference, and create "big signs so people could find us". Howard worked with the ACA program committee and with divisions to increase programming at the conference and to see if there was any interest in ACA's passing resolutions in support of gay and lesbian issues like APA had begun to do. Howard also wanted to get programming out of the AGLBIC "closeted" suite and into the main conference.

Howard stated that during his leadership the organization talked about becoming a division, but they "did not have enough people and they did not have enough people willing to be open, which Because of the lack of knowledge and sensitivity LGBTIQ persons by psychiatrists and psychotherapists, have led the lesbian and bisexual women of Croatia to closet themselves and made it close to impossible for them to talk about their sexuality. They are a population of women afraid of homophobic reactions by professionals who are uneducated on LGBTQI issues. As a result, there was found to be no adequate mental health care for lesbian and bisexual women in the Croatian health system.

May on the International Day Against Homophobia;

Lesbian Group Kontra is a non-governmental organization that promotes lesbian human rights. It was founded in summer of 1997, in Zagreb. Some of our members were founders of the first lesbian group in Croatia, Lila Initiative (1989). The group was registered in 2002.

To meet this need, The Counseling For Lesbian and Bisexual Women Project of Croatia was started in 2006 by the Lesbian Group Kontra. Their target population are lesbian and bisexual women, primarily who live in the small towns outside of Zagreb. women have limited opportunities to talk about their sexual orientatin and specific problems connected with it as well as group work that involves these LGBTIQ persons and their parents.

The projects goals are the following:

- 1. To improve mental health support for lesbian and bisexual women
- 2. To raise awareness of lesbian and bisexual women's health issues among health providers
- 3. To raise awareness of LG-BTIQ issues among LGBTIQ persons
- 4. To increase number of educated volunteers/counselors (lesbian and bisexual women)

The Project's aim is to create a professional and friendly environment where lesbians and bisexual women have access to

quality healthcare and psychological support in personal crisis as well as opportunities to work on their personal growth and development and to raise the overall mental health care of lesbians and bisexual women. They seek to open discussion about LGBTIQ health issues in the health care system in Croatia and the barriers to accessing health care specific to LGBTIQ persons.

The Project meets their goals through the following activities (1) 5 educational trainings for volunteers in a period of 5 weeks; (2) SOS phone line three times a week for two hours and email counseling every day; (3) individual therapy 10 times a month (4) five two-day workshops in a period of 10 months; (5) a round table in

# Request from Zagreb, Croatia

Dear ALGBTIC.

I am coordinator of the Counseling for lesbians and bisexual women at the Lesbian Group Kontra (Zagreb, Croatia). This Counseling has been working for one year and it is the first one in Croatia. It was supported by Global Fund for Women and COC Netrherlands.

We provide psychological support and organize educational workshops. It includes sos line, e-mail counseling and individual therapy sessions. There are six educated volunteers and psychologist working in Counseling.

We are trying to make contacts with as many as possible associations/groups/activists/professionals who are involved in lesbian/bisexual health issues. Aim is to exchange experience, information and materials (brochures, handbooks, books) about these issues. Relevant and updated information about lesbian/bisexual health issues aren't available in Croatia. Professionals and health providers aren't educated about specific issues related to LGBTIQ persons and are often very homo/trans/bi phobic.

If you have any questions, please write to my e-mail address sanda@kontra.hr.

Best,
Sanda Brumen
Lesbian Group Kontra
Kralja Držislava 2/2 (c/o Centar za žene)
10000 Zagreb, Croatia
Tel/fax: +385 1 4573372
kontra@kontra.hr
www.kontra.hr

Kontra considers the right to different sexual orientations to be one of basic human rights. It advocates elimination of all forms of violence and discrimination against lesbians, bisexual women and discrimination based on other sexual orientations, gender identities and gender expressions. Kontra is a member of the Women's Network of Croatia, Coordination of LGBTIQ groups of Croatia and ILGA-Europe ( International Lesbian and gay Association-Europe). We actively participate in different projects and initiatives organized by LGBTIQ, women's and peace organizations or individuals in and out of Croatia.

Some of their accomplishments are as follows:

\*Started first lesbian SOS and info-line and counseling in Croatia (1997)

\*Founded first lesbian library in Croatia LezBib (2002)

\*Participated in the creation and advocated for the Act on Same Sex Civil Unions (2002-2003)

\*As a result of our advocating, anti-discriminatory provisions were implemented into Law on Sex Equality, Law on Media, Law on Electronic Media, Law on Croatian Radio Television, Law on Changes to Law on Labor, Law on Science Activity and High Education, Law on Changes to Penal Code, and the Textbooks Standards (2002-2004)

\*Published three editions of LGBT Manual on Anti-discriminatory Provisions and Laws in the Republic of Croatia (2004-2006)

For more information please go to the following website http://www.kontra.hr 7:30 am - 8:30 am

# Gaining a Place at the Table: How Gay and Lesbian Couples Experience Career and Relationships

Room 306A [60-Minute Program, Advanced]

Leslie W. O'Ryan, Western Illinois University, Moline, IL,

William P. McFarland

Gay and lesbian dual-career couples face unique struggles as they attempt to manage discrimination in the work place and in their relationship. Counselors need to understand the challenges these couples face. Based on findings from a phenomenological study participants will become aware of the dynamics between relationship and careers for gay and lesbian dual-career couples. Counseling interventions which support a developmental process will be discussed. Program ID # SE2-A

2:00 pm - 3:00 pm

### Of Women, Men and All of Us in Between: Transgender Grounded Theory Describes Counseling in Genderland

Room 306A [60-Minute Program, Advanced]

Stacee Reicherzer, Walden University, Austin, TX, Jason Patton Transgender counselors give voice to transgender client subjectivity as the source for best counseling practices in work with this community. In addition to an overview of the World Professional Association of Transgender Health (WPATH) Standards of Care, this will include protocols that have been developed directly from the stated needs of transgender clients and research participants. Sample assessment letters, as well as resource lists, will be provided. Case-specific counseling questions will be invited. Program ID # SE2-D

# ALGBTIC Day of Learning

Saturday, March 29, 2008

10:00 am - 11:30 am

# Intimate Partner Violence/Domestic Violence in LGBTQ Relationships: DV 101 For LGBTQ Competence

Room 306A [90-Minute Program, Advanced]

Lisa Gilmore, Center on Halsted, Chicago, IL

LGBTQ competent and affirming Counselors: Increase your knowledge and competence related to LGBTQ survivors and perpetrators of Intimate Partner Violence/Domestic Violence. This Education Session will include "DV 101" and the specifics of LGBTQ DV. An assessment tool will be provided. Barriers LGBTQ people encounter when attempting to access services will be presented, emphasizing the roles bias and social stigma play regarding sexual orientation and gender identity. Local and national LGBTQ anti-violence resources will be included. Program ID # SE2-B

11:30 am - 12:00 pm

### Lesbian Couples: Stressors and Resilience at the Three to Four Year Relational Milestone

Room 306A [30-Minute Program]

Colleen M. Connolly, Texas State University-San Marcos, San Marcos, TX This qualitative study highlights the stories of nine lesbian women who experienced a significant relational stressor at three to four years. Some women had one relationship that had a significant stressor at that stage; other women report disruption of three to four relationships at the three- to four-year mark. This research uncovers a description of the multitude of stressors and describes the processes of resilience as each woman rebounded and re-engaged Program ID # SE2-C

3:00 pm - 4:00 pm

## Gender Non-conforming Adolescents: Individual and School Based Interventions

Room 306A [60-Minute Program]

Joy Whitman, DePaul University, Chicago, IL,

Cyndy Boyd

This program provides an introduction to the salient issues unique to gender non-conforming adolescents. Participants will gain a thorough understanding of the relevant terms and identities subsumed under the umbrella of transgender, current research on the experiences of transgender adolescents, and effective counseling strategies for individuals and their families. Intervention in the schools, through the use of programming for students and staff, consultation with school personnel, and policy creation/implementation will be emphasized. Program ID # SE2-E

4:00 pm - 5:00 pm

# Transitioning to College for Gay, Lesbian and Bisexual Students: Counseling Considerations

Room 306A [60-Minute Program]

 $Matthew\ J.\ Snyder, \ {\tt West\ Chester\ University\ of\ Pennsylvania,\ West\ Chester,\ PA,}$ 

Lynn S. Zubernis, Vickie Ann McCoy

Gay, lesbian and bisexual college students confront unique developmental challenges when transitioning to college. Our combined 15 years of working with GLB college students provide a basis for this presentation, which is also supported by research. Attendees will learn the specific challenges facing GLB students when they come to college, including the impact of the wider societal and cultural attitudes toward sexual minorities, as well as the unique effects of individual campus environment on the adjustment of GLB students to college life. This presentation will focus on effective ways of working with GLB students in both individual and group counseling, and will include case examples and the opportunity to discuss individual cases. Program ID # SE2-F

# ACA 2008 Hawaii Convention

Thursday, March 27

9AM to 5PM ALGBTIC Board Meeting-Hibiscus 1

> 7PM to 8:30PM Happy Hour -Hilton Shell Bar

# Friday, March 28

7:30 am - 8:30 am

Legal and Ethical Implications for Refusing to Counsel Homosexual Clients: Discrimination? [Advanced] Room 324 [60-Minute Program]

Scott E. Hall, University of Dayton, Dayton, OH, Michelle E. Flaum, Charles J. Russo

Refusing to counsel homosexual clients has many legal and ethical implications. According to Hermann and Herlihy (2006), the ACA Code of Ethics (2005) supports their position that counselors who do not seek the knowledge, skills, and sensitivity required in working with a diverse clientele are practicing discrimination. This presentation offers a counterpoint argument using the same standards in the ACA Code and Kitchner's model for ethical decision-making. Participants will have the opportunity to exchange ideas and hear differing points-of-view about this important subject in the counseling profession, and will receive a copy of the rebuttal article written by the presenters. Program ID # 112

# 11AM to 1PM ALGBTIC Brunch-Lehua

11:00 am - 12:00 pm

A Guide for College Counselors: Understanding, Predicting, and Using Characteristics of Sexually Risky Students in Treatment Room 304B [60-Minute Program]

Eaves H. Susan, Weems Children and Youth, Meridian, MS, Carl J. Sheperis

Unhealthy sexual behavior continues to increase among individuals in adolescence and extended adolescence despite education regarding its risks and consequences. Counselors, especially college counselors, are continually being faced with individuals reeling from such consequences. Based on research with over 800 college students, this program will present characteristics used to predict the typical sexually risky individual. Further, the information gained from this program can assist counselors in helping sexually risky individuals gain insight into their behavior and lessen and possibly even prevent continued decision making that leads to risky sexual outcomes. Program ID # 154

2:00 pm - 3:30 pm

**Building Biological Families:** 

Helping Gay and Lesbian Couples Navigate the Intricacies of Assisted Reproductive Technology [Advanced]

Room 319A [90-Minute Program]

Judith A. Burnett, Stetson University, DeLand, FL, Lynn L. Long & Brigid Noonan

There are a variety of reproductive health options for gay and lesbian couples who desire to become biological parents. Yet, there is controversy surrounding helping gay and lesbian couples build families through the use of third-party assisted reproductive technology (ART). This program will describe current ART alternatives for gay and lesbian couples, sociocultural and gender issues, ethical and legal considerations that influence access to reproductive options, and implications for counseling practice. Program ID # 229

3:45 pm - 4:45 pm

La Familia: Exploring Mexican-American Families Experiences Upon a Child Having Identified as Gay or Lesbian

[Advanced]

Room 305B [60-Minute Program]

Robert Keith Franklin, St. Mary's University, San Antonio, TX

As the field of counseling grows so does our need for further knowledge of culture and its direct impact on our field and its interpretation of theories and family systems with regards to therapy. This session will do such and provide clinicians newly formed information from the family perspective of Mexican-Americans and its impact on progress or lack of progress within a counseling session through empowerment, education, and insight. Program ID # 286



# Saturday, March 29

7:30 am - 8:30 am [ALGBTIC Day of Learning]

Gaining a Place at the Table: How Gay and Lesbian Couples

Experience Career and Relationships [Advanced]

Room 306A [60-Minute Program]

Leslie W. O'Ryan, Western Illinois University, Moline, IL, William P. McFarland

Gay and lesbian dual-career couples face unique struggles as they attempt to manage discrimination in the work place and in their relationship. Counselors need to understand the challenges these couples face. Based on findings from a phenomenological study participants will become aware of the dynamics between relationship and careers for gay and lesbian dual-career couples. Counseling interventions which support a developmental process will be discussed. Program ID # SE2-A

11:15 am - 11:45 am

Critical Issues in Employment Counseling
With Transgender Clients [Advanced]
Booth PS17 [30-Minute Project/Research Poster Session]

Robert C. Chope, San Francisco State University, San Francisco, CA, Laura Strom

There are an estimated 19,000 transgender people in San Francisco and between 750,000 to 3 million nationwide. While their work experiences are reflected in many different job titles, they are often severely underemployed or unemployed while also facing pernicious workplace discrimination. These factors lead to an intersection between employment choices, workplace atmosphere and mental health. In this session, participants will be educated about the demands that transgender people experience with their workplace choices and the clinical issues some of them face when making career decisions. Counselors interested in social justice issues should find this to be useful. New resources will made available from the print and on-line media. Program ID # 175

11:15 am - 11:45 am

**Exploring Relational Processes in Families of Gay Youth** Booth PS22 [30-Minute Project/Research Poster Session]

Gregory S. Meek, The College of William and Mary, Williamsburg, VA

This program will present the outcomes of a research study regarding gay youth and their families. Existing research will be presented and strategies to address advocacy, cycles of assistance, and social justice will be presented. Handouts will be provided and discussion will be encouraged. Program ID # 180

2:00 pm - 3:30 pm

Sexuality Counseling in Taiwan and the USA: International Social Justice Equity Issues for Counselors and Counselor Educators Room 313A [90-Minute Program]

Stuart Chen-Hayes, City University of New York Lehman College, Bronx, NY, Shuchu (Sharon) Chao, I-Chen (Wendy) Chien, Shih-Ting (Tiffany) Chou, Mei-Hsueh (Mei) Ho, Yu-Jen (Wayne) Hsu,, Chao-Hu (Nicole) Huang, Yi-Pai (Cecilia) Huang, Chi-He (Louis) Su, Chia-Hui (Alice) Wu

This presentation compares sexuality counseling in Taiwan and the USA. Participants were involved in the first sexuality counseling courses taught in Taiwan. Research and best practice resources regarding language, culture, lifespan issues, preventing teen pregnancy, HIV/AIDS, parenting, sex education, LGBT issues, couples, sexual abuse, and sex offender counseling will be discussed. Evidence-based prevention and intervention for all counselors will be addressed. Syllabi, student lesson plans/workshop outlines, and resource lists will be shared. Program ID # 209

10:00 am - 11:30 am [ALGBTIC Day of Learning]
Intimate Partner Violence/Domestic Violence in LGBTQ Relationships: DV 101 For LGBTQ Competence [Advanced]
Room 306A [90-Minute Program]

Lisa Gilmore, Center on Halsted, Chicago, IL

LGBTQ competent and affirming Counselors: Increase your knowledge and competence related to LGBTQ survivors and perpetrators of Intimate Partner Violence/Domestic Violence. This Education Session will include "DV 101" and the specifics of LGBTQ DV. An assessment tool will be provided. Barriers LGBTQ people encounter when attempting to access services will be presented, emphasizing the roles bias and social stigma play regarding sexual orientation and gender identity. Local and national LGBTQ anti-violence resources will be included. Program ID # SE2-B

10:30 am - 12:00 pm

Ready for Action: Using the Community Readiness Research Model to Guide Services for LGBT Elders [Advanced] Room 319A [90-Minute Program]

Laurie A. Carlson, Colorado State University, Fort Collins, CO, Kelly S. Harper

By the year 2030, approximately 4 million LGBT elders will be entering health care and assisted living facilities. The oppression these seniors are apt to experience will likely lead them to seek services from counselors and other mental health professionals. It is critical that mental health professionals clearly understand the nature of the challenges facing this population. This session is designed to move beyond awareness and guide participants in the implementation of the Community Readiness Research Model. The session will utilize large group discussion, small group activities, video media, and short didactic presentations to deliver information and guide participants through active planning based upon the information learned. Program ID # 363

11:00 am - 11:30 am

Gender Typicality and Atypicality: A Qualitative Study of Gender Identity, Gender Expression, and Sexual Orientation Booth PS8 [30-Minute Project/Research Poster Session]

Carol M. Doyle, Lewis & Clark College, Portland, OR, Amy Rees, Elizabeth Goodrich & Jon Legris

Gender roles and sexuality expectations within US culture are proscribed and learned about at an early age. Violation of these roles and/or expectations often results in discrimination and harassment. Despite these obstacles many persons in our society choose to live their lives not conforming to specific gender roles. This study describes the life experiences of gender typical and atypical individuals to allow a richer understanding of the varied expressions of gender and sexual orientation within our culture. Program ID # 377

11:30 am - 12:00 pm

Lesbian Couples: Stressors and Resilience at the Three to Four Year Relational Milestone

Room 306A [30-Minute Program]

Colleen M. Connolly, Texas State University-San Marcos, San Marcos, TX

This qualitative study highlights the stories of nine lesbian women who experienced a significant relational stressor at three to four years. Some women had one relationship that had a significant stressor at that stage; other women report disruption of three to four relationships at the three- to four-year mark. This research uncovers a description of the multitude of stressors and describes the processes of resilience as each woman rebounded and re-engaged in relationships. Program ID # SE2-C

ALGBTIC Day of Learning 2:00 pm - 3:00 pm

Of Women, Men and All of Us in Between: Transgender Grounded Theory Describes Counseling in Genderland

[Advanced]

Room 306A [60-Minute Program]

Stacee Reicherzer, Walden University, Austin, TX, Jason Patton

Transgender counselors give voice to transgender client subjectivity as the source for best counseling practices in work with this community. In addition to an overview of the World Professional Association of Transgender Health (WPATH) Standards of Care, this will include protocols that have been developed directly from the stated needs of transgender clients and research participants. Sample assessment letters, as well as resource lists, will be provided. Case-specific counseling questions will be invited. Program ID # SE2-D

2:00 pm - 3:00 pm

So, You Are Trying to Have a Baby: How Gestational Surrogacy is Changing Societal Family Norms

Room 309 [60-Minute Program]

Samuel Sanabria, ACA Ethics Committee, Sarasota, FL, Michael F. Barnes

The target audience for this presentation includes clinicians and counselor educators interested in marital and relationship counseling and LGBT issues. Attendees will be exposed to gestational surrogacy through a formal presentation followed by discussions. Topics will include a general and demographic overview of the gestational surrogacy process, and the social impact and therapeutic implications for egg donors, surrogate mothers, and the intended parents, as well as extended family and society in general. Program ID # 444

2:00 pm - 3:00 pm

# **Internalized Homonegativity and Emotional Expression in Lesbian Women**

Room 305B [60-Minute Program]

Arleen C. Lewis, Western Washington University, Bellingham, WA, Max Lewis

Internalized homonegativity has been demonstrated to have negative psychological consequences for individuals, particularly adolescents. The program will report results of a study that investigated the relationship between internalized homonegativity and emotional expression (including anger and depression) in a sample of lesbian women. Discussion will focus on how counselors can challenge the development of internalized homonegativity on behalf of clients. Program ID # 445

### 2:30PM to 3:30PM ALGBTIC Annual Business Meeting Kahili 1

3:00 pm - 3:30 pm

Religion of Origin, Belonging, and Sexual Orientation [Advanced]

Booth PS12 [30-Minute Project/Research Poster Session]

Anastasia Henning, University of Missouri, Saint Louis, MO, SusanKashubeck-West & Kathyrn Stinson

Study examined the relationship among religion of origin, belongingness, internalized heterosexism, religiosity, psychological well-being, and self-esteem are presented. Results will be related to LGB persons who choose to stay in their religion of origin. The results of this exploratory study will provide insight into those individuals who choose to stay in their religion of origin. Understanding choices could lead to effective interventions that promote greater psychological well-being in LGB people struggling with heterosexist religious traditions. Program ID # 458

ALGBTIC Day of Learning 3:00 pm - 4:00 pm

Gender Non-conforming Adolescents: Individual and School Based Interventions [Advanced] Room 306A [60-Minute Program]

Joy Whitman, DePaul University, Chicago, IL Cyndy Boyd

This program provides an introduction to the salient issues unique to gender non-conforming adolescents. Participants will gain a thorough understanding of the relevant terms and identities subsumed under the umbrella of transgender, current research on the experiences of transgender adolescents, and effective counseling strategies for individuals and their families. Intervention in the schools, through the use of programming for students and staff, consultation with school personnel, and policy creation/implementation will be emphasized. Program ID # SE2-E

### 3:30PM to 4:30PM ALGBTIC Graduate Student Meeting Kahili 2

ALGBTIC Day of Learning
Human Development Across the Lifespan Academy
4:00 pm - 5:00 pm
Transitioning to College for Gay, Lesbian and Bisexual Students:
Counseling Considerations
Room 306A [60-Minute Program]

Matthew J. Snyder, West Chester University of Pennsylvania, West Chester, PA, Lynn S. Zubernis & Vickie Ann McCoy

Gay, lesbian and bisexual college students confront unique developmental challenges when transitioning to college. Our combined 15 years of working with GLB college students provide a basis for this presentation, which is also supported by research. Attendees will learn the specific challenges facing GLB students when they come to college, including the impact of the wider societal and cultural attitudes toward sexual minorities, as well as the unique effects of individual campus environment on the adjustment of GLB students to college life. This presentation will focus on effective ways of working with GLB students in both individual and group counseling, and will include case examples and the opportunity to discuss individual cases. Program ID # SE2-F

7PM to 8:30PM ALGBTIC Reception Sea Peal 2 & 3

# Sunday, March 30

7:30 am - 8:30 am

Family Counseling for All Families: Sexual Orientation Diversity in Family Counseling

[Advanced]

Room 316A [60-Minute Program]

Bret Hendricks, Texas Tech University, Lubbock, TX

This program addresses issues of sexual diversity in family counseling. Strategies for family counseling will be addressed and innovative techniques will be discussed and demonstrated. Adult and child counseling models will be presented to use in school and community settings. Discussion will be encouraged and handouts will be provided. Program ID # 525

8:45 am - 10:15 am

Predictors of HIV Sexual Risk-Taking Behavior Among Gay Men and Men Who Have Sex With Men (MSM): What We Need to Know [ Advanced]

Room 321 [90-Minute Program]

Leslie E. Kooyman, Montclair State University, Montclair, NJ

Participants will gain an understanding of the sexual risk-taking behavior of gay men and men who have sex with men (MSM). Results of the presenter's survey research study (n = 576) will be discussed. A review of the literature on sexual risk-taking and the racial/ethnic differences within this marginalized population will be presented. Participants will have the opportunity to engage in an interactive discussion on counseling and teaching implications of these findings and the literature. Program ID # 561

10:30 am - 11:30 am

**Bi-Curious Women in Committed Heterosexual Relationships: Clinical and Training Implications**Room 306B [60-Minute Program]

Shunda L. Brown, University of North Florida, Jacksonville, FL

Women exploring same sex attractions are known as "bi-curious". For bi-curious women in heterosexual relationships, issues that might be brought into therapy include confusion, isolation, and relational concerns. The presenter explores theories of female sexuality, common concerns of bi-curious and bisexual women, positive therapeutic interventions, and training implications. Handouts and bibliography are provided. Program ID # 602