

Recommended Resources

What follows is a list of LGBTGEQIAP+ friendly resources across the United States. These resources were collectively identified by SAIGE members, volunteer allies, and state SAIGE divisions and put together by the Multicultural Social Justice Concerns Committee led by Dr. Mariangelly Sierra in November 2024. Please keep in mind that this list is not intended to endorse any of these organizations but rather to provide initial direction when looking for support across states. Please continue to use your best judgment when engaging with any of these organizations, and let us know your experience so we can continue to fine-tune this list. You can contact the Multicultural Social Justice Concerns Committee via email at multicultural@saigecounseling.org. Your feedback is always welcome!

Alabama

- **Alabama Equality:** The state's largest LGBTQ+ civil rights organization, advocating for equality and justice for all. <https://alabamaequality.org/>
- **Birmingham Civil Rights Institute:** This museum and educational center promotes understanding and appreciation of the civil rights movement, often including LGBTQ+ history. <https://www.bcri.org/>
- **Equality Alabama:** A statewide LGBTQ+ advocacy organization, providing resources and support. <https://equalityalabama.org/page/2/>
- **PFLAG Birmingham:** A local chapter of Parents, Families, and Friends of Lesbians and Gays, offering support and education. <https://www.pflagbirmingham.org>
- **Southern Equality:** A regional LGBTQ+ advocacy organization with a focus on the South, including Alabama. <https://southernequality.org/>

Alaska

- **Alaska Equality:** The state's LGBTQ+ advocacy organization, working to advance equality and justice. <https://www.alaskanstogether.org/>
- **Southeast Alaska LGBTQ+ Alliance:** A Providing a supportive network for gay, lesbian, bisexual, transgender and queer people in Southeast Alaska. <https://akseagla.org/>
- **PFLAG Alaska:** A local chapter of Parents, Families, and Friends of Lesbians and Gays, providing support and education. <https://pflag.org/chapter/anchorage-south-central-ak/>
- **Southern Equality:** A regional LGBTQ+ advocacy organization with a focus on the South, including Alaska. <https://southernequality.org/>
- **Identify:** a safe haven for every gender, identity, and expression. Here, diversity isn't just accepted; it's celebrated. <https://www.identityalaska.org/>
- **OutCare Health:** dedicated to promoting health equity for LGBTQ+ communities through innovative initiatives that drive systemic change. <https://www.outcarehealth.org/resources/#efaq-alaska>

- **Gay Real Estate:** committed to connecting members of the LGBTQ community to agents <https://www.gayrealestate.com/blog/2022/08/resources-for-the-lgbtq-community-in-anchorage/>

Arizona

- **Prism Network (formerly Greater Yavapai County Coalition):** non-profit collaboration of Organizations that provide an umbrella of support to members and allies of the LGBTQ+ Community in Yavapai County, Arizona. <https://www.prismaz.net>
- **Navajo Nation Pride:** Celebrates LGBTQIA+ Native American people and promotes awareness of LGBTQIA+ issues within the Navajo Nation. <https://www.navajonationpride.com/>
- **Northland Cares:** Provides HIV/AIDS services and support to the LGBTQ+ community in Northern Arizona. <https://www.northlandcares.org/>
- **PFLAG Arizona:** Supports LGBTQ+ individuals and their families through education, advocacy, and community building. <https://www.pflag.org/>
- **Payson Pride:** Promotes awareness of LGBTQ+ issues in the Payson area and hosts community events.
- **Peaks Pride:** A volunteer organization in Flagstaff that promotes equality and supports the LGBTQ+ community. <https://www.peakspride.org/>
- **Pride Guide Arizona:** provides the Arizona community with vetted, like-minded businesses and organizations who are safe, inclusive and support equality for all, we publish an annual printed guide in Arizona, as well as provide nationwide resources via web and mobile app. <https://gayarizona.com/northern/resources/>
- **BestCompaniesAZ:** A website that lists LGBTQ+-friendly companies in Arizona. <https://bestcompaniesaz.com/the-best-companies-for-lgbt-employees/>

Arkansas

- **Northwest Arkansas Equality:** nonprofit organization providing programming, education, and advocacy to serve, connect, and empower the Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) community. <https://www.nwaequality.org/>
- **The Equality Crew:** Northwest Arkansas promotes diversity, inclusivity, and equality throughout our community. We achieve this by offering various LGBTQIA+ youth programs that promote education and awareness around social justice and equality issues. <https://www.theequalitycrew.org/>
- **PFLAG Arkansas:** A local chapter of Parents, Families, and Friends of Lesbians and Gays, providing support and education. <https://pflag.org/chapter/little-rock/>
- **Cocoon Collective:** Located in a historic quonset hut, Cocoon Collective provides a cozy atmosphere for meetings, group sessions, and social gatherings. Despite its modest amenities, the collective offers essential services like transition closet fittings and housing scholarships, supporting LGBTQ youth and adolescents in their journey towards independence. <https://www.cocooncollective.org/>
- **Southern Equality:** A regional LGBTQ+ advocacy organization with a focus on the South, including Arkansas. <https://southernequality.org/>

- **Hot Springs LGBTQ+ Community network:** Based in Hot Springs, AR, the LGBTQ+ Community Network fosters inclusivity through resources, community events, and volunteer opportunities across Garland County. <https://hotspringslgbtq.org/>
- **Central Arkansas Pride:** 501c3 organization focusing on building a strong LGBTQIA+ community in Central Arkansas and helping all feel welcomed and feel empowered. <https://www.arpride.org/home>
- **The Fayetteville Pride Center:** A community center in Fayetteville providing support, events, and resources for LGBTQ+ individuals. <https://www.fayettevillepride.org>

California

- **Equality California:** The state's largest LGBTQ+ advocacy organization, working to advance equality and justice. <https://www.eqca.org/>
- **Lambda Legal:** A national organization that provides legal representation and education on LGBTQ+ issues. <https://lambdalegal.org/>
- **National Center for Lesbian Rights (NCLR):** A national organization that provides legal representation and advocacy for LGBTQ+ women. <https://www.nclrights.org/>
- **Transgender Law Center:** A national organization that provides legal representation and advocacy for transgender people.
- <https://transgenderlawcenter.org/>

Regional Organizations

- **Bay Area Reporter:** A weekly newspaper serving the LGBTQ+ community in the Bay Area. <https://www.ebar.com/>
- **Los Angeles Blade:** A weekly newspaper serving the LGBTQ+ community in Los Angeles. <https://www.losangelesblade.com/>
- **San Diego Gay & Lesbian News:** A weekly newspaper serving the LGBTQ+ community in San Diego. <https://sdgln.com/>
- **San Francisco Bay Times:** A weekly newspaper serving the LGBTQ+ community in the San Francisco Bay Area. <https://sfbaytimes.com/>

Community Centers

- **Castro Community Center:** A community center located in the Castro District of San Francisco. <https://castrocbd.org/community-resources/>
- **Los Angeles LGBT Center:** A community center located in Los Angeles. <https://lalgbtcenter.org/>
- **San Diego LGBT Community Center:** A community center located in San Diego. <https://thecentersd.org/>

Colorado

Statewide Organizations

- **Colorado Equality Profile:** an independent, nonprofit think tank that provides rigorous research, insight and communications that help speed equality and opportunity for all. https://www.lgbtmap.org/equality-maps/profile_state/CO
- **One Colorado:** A statewide LGBTQ+ advocacy organization, offering resources to the community through trainings, presentations, educational resources, and volunteer opportunities for all Coloradans. <https://www.one-colorado.org/>
- **PFLAG Colorado:** A local chapter of Parents, Families, and Friends of Lesbians and Gays, providing support and education. <https://www.pflagdenver.org/>

Regional Organizations

- **Northern Colorado Equality:** Northern Colorado Equality seeks to empower the LGBTQ+ community and our allies through activities, programs, services and education. Honoring, promoting and celebrating our community's diversity is our central organizing principle. <https://www.nocoequality.org>
- **Colorado State University Pride Resource Center:** Provides resources to Northern Colorado, Boulder & more area, includes local reoccurring events, <https://prideresourcecenter.colostate.edu/resources/northern-colorado-fort-collins-resources/#:~:text=All%20ages%20Drag%20Brunch,T%20&%20Drag%20list%20%7C%2018+>

Community Centers

- **Denver LGBT Community Center:** A community center offering support, events, and resources for LGBTQ+ individuals.
- **The Center on Colax:** To engage, empower, enrich, and advance the lesbian, gay, bisexual, transgender, and queer community of Colorado. <https://lgbtqcolorado.org/>
- **Everywhere is Queer:** public resource (and ever-growing searchable map!) created for the LGBTQIA2S+ and ally community to find welcoming, queer-owned spaces to shop, connect, eat, learn, and grow all over the world... even in your own neighborhood! <https://www.everywhereisqueer.com/>

Connecticut

- **GLBTQ+ Connecticut:** The state's largest LGBTQ+ advocacy organization, working to advance equality and justice.
- **Lambda Legal:** A national organization that provides legal representation and education on LGBTQ+ issues. <https://lambdalegal.org/>
- **National Center for Lesbian Rights (NCLR):** A national organization that provides legal representation and advocacy for LGBTQ+ women. <https://www.nclrights.org/>
- **Transgender Law Center:** A national organization that provides legal representation and advocacy for transgender people. <https://transgenderlawcenter.org/>
- **Hartford Gay & Lesbian Alliance:** A local LGBTQ+ organization in Hartford. <https://humanrights.uconn.edu/internship-database/hartford-gay-and-lesbian-health-coalition/>

- **New Haven Pride Center:** A community center offering support, events, and resources for LGBTQ+ individuals in New Haven. <https://www.facebook.com/NewHavenPrideCenter/>
- **Stamford Pride Center:** A community center offering support, events, and resources for LGBTQ+ individuals in Stamford. <https://www.instagram.com/stamfordctpride/?hl=en>

Delaware

Statewide Organizations:

- **Equality Delaware:** <https://www.facebook.com/equalitydelaware/>
 - Advocates for LGBTQ+ rights and equality in Delaware.

Regional Organizations and Community Centers:

- **CAMP Rehoboth:** <https://www.campreboth.org/>
- **AIDS Delaware:** Provides comprehensive HIV/AIDS prevention, care, and support services.
- **ACLU of Delaware:** Advocates for LGBTQ+ rights and works to protect civil liberties.

District of Columbia

Local Organizations and Community Centers:

- **The DC Center:** <https://thedccenter.org/>
- **Casa Ruby:** <https://casaruby.org/>
- **SMYAL:** <https://smyal.org/>

Florida

Statewide Organizations:

- **Equality Florida:** <https://www.eqca.org/>
 - Advocates for LGBTQ+ rights and equality in Florida.

Regional Organizations and Community Centers:

- **The Center:** <https://thecenterorlando.org/>
 - Offers a wide range of programs and services, including support groups, social events, and educational workshops.
- **Compass LGBTQ+ Community Center:** <https://compasslgbtq.com/>
 - Provides a variety of services to the LGBTQ+ community in Southwest Florida.
- **Pride Community Center of North Central Florida:** <https://gainesvillepride.org/>

- Offers a variety of programs and services, including support groups, social events, and educational workshops.
- **Zebra Coalition:** <https://zebrayouth.org/>
 - Provides support and resources for LGBTQ+ youth in Central Florida.
- **JASMYN:** <https://www.jasmyn.org/>
 - Provides support and resources for LGBTQ+ youth in Jacksonville.

Georgia

Statewide Organizations:

- **Georgia Equality:** <https://georgiaequality.org/>
 - Advocates for LGBTQ+ rights and equality in Georgia.

Regional Organizations and Community Centers:

- **Atlanta Pride Committee:** <https://www.atlantapride.org/>
 - Organizes Pride events and provides resources for the LGBTQ+ community in Atlanta.
- **Southern Jewish Resource Network for Gender & Sexual Diversity (SOJOURN):** <https://sojourngsd.org>
 - Provides resources and support for LGBTQ+ Jewish individuals and their families.
- **Savannah Pride Center:** <https://savannahpridecenter.org/>
 - Offers a variety of programs and services, including support groups, social events, and educational workshops.

Hawaii

Comprehensive Lists

<https://shakatown.com/lgbtq/resources>

<https://hawaiilgbtlegacyfoundation.com/resources/>

Community

- LGBTQ+ Center Honolulu
- American Civil Liberties Union (ACLU) of Hawai'i
- Legal Aid Society of Hawaii
- Stonewall Caucus of the Democratic Party of Hawaii

- Maui Equality Coalition

School Safety

- Gender and Sexuality Alliance Clubs in Hawai'i
- A Place In The Middle: A Hawaiian Approach to Bullying Prevention

Restaurants + Clubs

- Atlas
- Bacchus
- Hula's Bar & Lei Stand
- Imua Lounge
- In Between Waikiki
- Scarlet Honolulu
- Tapa's Restaurant & Lanai Bar
- Wang Chung's Karaoke Bar

Work + Tourism

- Hawaii Rainbow Chamber of Commerce
- Pride At Work Hawaii

College Life

- University of Hawaii Manoa LGBTQ+ Student Center
- University of Hawaii Hilo LGBTQ+ Center

Social + Cultural

- Aikāne 'Ohana
- Aloha Bears
- Aloha Rainbow Classic
- Aloha State Softball League
- Aloha Tennis Association
- Arts at Marks
- Because Hawai'i
- Blazing Saddles Hawaii
- Gay Island Guide Events

- Gay Men's Chorus of Honolulu
- Hawaii Gay Flag Football League
- Hawaii Gay Kickball League
- Hawaii LGBT Hiking & Activities Group
- Hawai'i Queer Womxn
- Hawaii Queers
- Hawaii Women in Filmmaking
- Honolulu FrontRunners / FrontWalkers
- Honolulu Rainbow Film Festival
- Imperial Court of Hawaii
- Lesbian Events Hawaii
- Pacific Roller Derby
- Universal Show Queen Pageant
- Nuuanu YMCA

Discrimination

- Hawaii Civil Rights Commission

Faith

- Calvary by the Sea
- Church of the Crossroads
- Central Union Church of Honolulu
- Christ Church Uniting
- Emmanuel Episcopal Church
- First Unitarian Church of Honolulu
- Honolulu Friends Meeting (Quakers)
- Lutheran Church of Honolulu
- Wahiawa United Methodist Church
- The Interfaith Alliance Hawaii
- GayChurch.org Affirming Church Directory

Health

- Gregory House Programs
- Hawaii Center for AIDS
- HHHRC Hawaii Health & Harm Reduction Center (*Life Foundation*)*
- Hawaii State Department of Health

- Hawaii Dept. of Health Sexual and Gender Minorities (SGM) Resource Hub
- HMSA SGM Support Program
- Kaiser Permanente Care Pathway
- Ke Ola Mamo
- Kumukahi Health + Wellness**
- Malama Pono Health Services / Kauai
- Maui AIDS Foundation
- Mental Health America of Hawaii
- Planned Parenthood Hawaii
- The Queen's Health System
- Waikiki Health
- Waianae Coast Comprehensive Health Center
- YWCA Kauai LGBTQ Services
- DVAC Domestic Violence Action Center
- VA Pacific Islands Health Care System Services for LGBT Veterans

Kupuna + Elders

- Hawai'i Aging & Disability Resource Center
- Hawai'i Executive Office on Aging
- Hawai'i State Health Insurance Assistance Program
- Honolulu Community Action Program | Kūpuna Independent Life Series
- Home Instead Senior Care
- Kōkua Mau
- Legal Aid Society of Hawai'i
- AARP Hawai'i

Parenting + Youth

- Hawaii Department of Health
- Hawaii Queer Parents
- PFLAG Kona / Big Island
- Spill The Tea Cafe
- Kids Hurt Too Hawaii
- Rainbow Family 808
- RYSE: Residential Youth Services & Empowerment

- Waikiki Health Center Youth Outreach
- TAP808 Teen Alert Program

Transgender

- Hawaii Birth Certificate Changes
- Hawaii Dept. of Health Sexual and Gender Minorities (SGM) Resource Hub
- Hawai'i Gender Echo Program | Gender-Affirming Providers Directory
- Kaiser Permanente Care Pathway
- Kua'ana Project / HHHRC
- Aloha Malama Health
- Transcend Maui / Malama I Ke Ola
- TransHawaii
- Transgender Awareness Hawaii

Idaho

- **Pride Foundation:** <https://pridefoundation.org/>
 - A statewide organization working to create a more united Northwest community where all LGBTQ+ people can live safely, openly, and genuinely.

Regional Organizations and Community Centers:

- **The Community Center (TCC):** <https://tccidaho.org/>
 - A community center in Boise that provides a safe and welcoming location for group meetings and social activities for LGBTQ+ individuals.
- **Southeastern Idaho Pride:** <http://www.southernidahopride.org/>
 - A non-profit organization committed to providing meaningful events and outreach activities for the LGBTQ+ community in Southeastern Idaho.
- **AUOR LGBT Advocates of Southeastern Idaho:** <https://www.instagram.com/auorlgbtadocates>
 - Provides services for LGBTQ+ people, including free HIV and STD testing, support for LGBT seniors, multiple lists of resources on their site, and various events for the LGBT community.

Illinois

Statewide Organizations:

- **Equality Illinois:** <https://www.equalityillinois.us/>

- Advocates for LGBTQ+ rights and equality in Illinois.

Regional Organizations and Community Centers:

- **Center on Halsted:** <https://www.centeronhalsted.org/>
 - A community center offering a wide range of programs and services for LGBTQ+ individuals in Chicago.
- **Brave Space Alliance:** <https://bravespacealliance.org/>
 - A Black-led LGBTQ+ center on Chicago's South Side.
- **The UP Center of Champaign County:** <https://www.theupcenter.org/>
 - A community center offering support, events, and resources for LGBTQ+ individuals in Champaign-Urbana.
- **The Phoenix Center:** <https://phoenixcenterspringfield.org/>
 - A community center offering support, events, and resources for LGBTQ+ individuals in Springfield.
- **Youth Outlook:** <https://youth-outlook.org/>
 - Provides support and resources for LGBTQ+ youth in the Chicago area.

Indiana

Statewide Organizations:

- **Indiana Youth Group:** <https://www.indianayouthgroup.org/>
 - Provides support and resources for LGBTQ+ youth.

Regional Organizations and Community Centers:

- **Indy Pride:** <https://indypride.org/>
 - Organizes Pride events and provides resources for the LGBTQ+ community in Indianapolis.
- **The Damien Center:** <https://damien.org/>
 - Provides HIV/AIDS services, healthcare, and social services to the LGBTQ+ community.
- **PFLAG Indianapolis:** <https://www.indypflag.org>
 - Supports LGBTQ+ individuals and their families.

Iowa

- **One Iowa:** <https://oneiowa.org/>
 - Advocates for LGBTQ+ equality in Iowa.
 - Provides resources and support for LGBTQ+ individuals and families.
- **Des Moines Pride Center:** <https://www.facebook.com/dsmpridecenter/>

- Offers a variety of programs and services, including support groups, social events, and educational workshops.
- **University of Iowa LGBTQ Resources:** <https://diversity.uiowa.edu/resources/lgbtq-resources>
 - Provides a range of resources and support for LGBTQ+ students and staff at the University of Iowa.
- **Iowa City LGBTQ Community:** <https://thinkiowacity.com/plan-your-trip/lgbtq/>
 - Offers information on local LGBTQ+ events, groups, and resources.

Kansas

Statewide Organizations:

- **Equality Kansas:** <https://eqks.org/>
 - Advocates for LGBTQ+ rights and equality in Kansas.

Regional Organizations and Community Centers:

- **Kansas City Center for Inclusion:** <https://www.inclusivekc.org/>
 - A community center offering support, events, and resources for LGBTQ+ individuals in the Kansas City area.
- **Wichita Pride:** <https://www.wichitapride.org/>
 - Organizes Pride events and provides resources for the LGBTQ+ community in Wichita.

Kentucky

Statewide Organizations:

- **Kentucky Equality:** <https://www.aclu-ky.org/en/issues/lgbtq-equality>
 - Advocates for LGBTQ+ rights and equality in Kentucky.

Regional Organizations and Community Centers:

- **Lexington Pride Center:** <https://www.lexpridecenter.org/>
 - Offers a variety of programs and services, including support groups, social events, and educational workshops.
- **Louisville Youth Group:** <https://embrace.thejourneylou.org/resources/>
 - Provides a safe space for gender and sexuality diverse young adults to grow their identities, learn leadership skills, and develop the tools needed to thrive.

Louisiana

Statewide Organizations:

- **Forum for Equality:** <https://www.forumforequality.org/>
 - Advocates for LGBTQ+ rights and equality in Louisiana.
- **Louisiana Trans Advocates:** <https://www.latransadvocates.org/resources>
 - Provides support and advocacy for transgender individuals in Louisiana.

Regional Organizations and Community Centers:

- **New Orleans Pride Center:** <https://neworleanspride.org/>
 - Offers a variety of programs and services, including support groups, social events, and educational workshops.
- **Out of the Box LGBTQ Center:** <https://www.lgbtqcenters.org/LGBTCenters/Center/7952/Capitol-Area-Reentry-Program-Inc-Out-of-Box-LGBTQ>
 - Provides support and resources for LGBTQ+ individuals in Baton Rouge.
- **Queer Northshore:** <https://www.queernorthshore.org/>
 - Provides support and resources for LGBTQ+ individuals in the Northshore region of Louisiana.

Maine

Statewide Organizations:

- **EqualityMaine:** <https://www.equalitymaine.org/>
- **OUT Maine:** <https://www.outmaine.org/>

Maryland

Statewide Organizations:

- **Maryland Commission on LGBTQIA+ Affairs:** <https://goci.maryland.gov/lgbtq/>

Regional Organizations and Community Centers:

- **Pride Center of Maryland:** <https://www.pridecentermd.org/>
- **Chase Brexton Health Care LGBTQ Resource Center:** <https://chasebrexton.org/>

Massachusetts

Statewide Organizations:

- **Massachusetts Commission on LGBTQ Youth:** <https://ma-lgbtq.org/resources/>
- **GLBTQ Legal Advocates & Defenders (GLAD):** <https://www.glad.org/>

Regional Organizations and Community Centers:

- **Boston Alliance of Gay, Lesbian, Bisexual, Transgender Youth (BAGLY):** <https://www.bagly.org/>
- **Fenway Health:** <https://fenwayhealth.org/>
- **Out MetroWest:** <https://outmetrowest.org/>

Michigan

Statewide Organizations:

- **Equality Michigan:** <https://equalitymi.org/>
 - Advocates for LGBTQ+ rights and equality in Michigan.

Regional Organizations and Community Centers:

- **Triangle Foundation:** <https://trianglecf.org/>
 - Provides a variety of services to the LGBTQ+ community in Detroit and Grand Rapids.
- **Ruth Ellis Center:** <https://www.ruthelliscenter.org/>
 - Provides support and resources for LGBTQ+ youth experiencing homelessness or other challenges.
- **Affirmations:** <https://goaffirmations.org/>
 - Offers a welcoming space for LGBTQ+ individuals to connect and find support.
- **Transgender Michigan:** <https://www.transgendermichigan.org/>
 - Advocates for the rights and well-being of transgender individuals in Michigan.
- **Jim Toy Community Center:** <https://www.jimtoycenter.org/>
 - Provides a variety of programs and services for LGBTQ+ individuals in Ann Arbor.

Minnesota

Statewide Organizations:

- **OutFront Minnesota:** <https://www.outfront.org/>
 - Advocates for LGBTQ+ rights and equality in Minnesota.

Regional Organizations and Community Centers:

- **Pride Institute:** <https://www.prideinstitute.org/>
 - Offers a variety of mental health services and support groups for LGBTQ+ individuals.
- **Family Tree Clinic:** <https://www.familytreeclinic.org/>
 - Provides comprehensive healthcare services, including LGBTQ+ affirming care.
- **Rainbow Health:** <https://www.rainbowhealth.org/>

- Offers mental health and substance use support for LGBTQ+ individuals.

Montana

Statewide Organizations:

- **Montana Family Center:** <https://www.mtfamilycenter.org/lgbtqai-resources-in-mt>
 - Provides a comprehensive list of LGBTQIA+ resources in Montana, including information on support groups, healthcare providers, and legal services.

Regional Organizations and Community Centers:

- **Western Montana LGBTQ+ Community Center:** <https://www.lgbtmontana.org/>
 - Offers a variety of programs and services, including support groups, social events, and educational workshops.
- **Montana Gender Alliance:** <https://www.facebook.com/MGABozeman/>
 - Provides support and resources for transgender individuals and their families.
- **Pride House:** <https://www.pridehouse406.com/>
 - Offers a safe space for LGBTQIA+ youth in and around Bozeman.

Nebraska

Statewide Organization:

- **OutNebraska:** Advocates for LGBTQ+ rights and provides support services.
 - Website: <https://outnebraska.org/>

Local Organizations:

- **PFLAG Lincoln:** Provides support and education for LGBTQ+ individuals and their families in Lincoln.
 - Website: <https://pflaglincoln.org/>

Nevada

Southern Nevada:

- **The LGBTQIA+ Community Center of Southern Nevada:**
 - Website: <https://thecenterlv.org/>

Northern Nevada:

- **Our Center:**
 - Website: <https://ourcenterreno.org/>

New Hampshire

- **PFLAG New Hampshire:** A statewide organization that provides support and advocacy for LGBTQ+ individuals and their families.
- Website: <https://www.pflagnh.org/>
- **Seacoast Outright:** A youth organization that provides support and resources for LGBTQ+ youth in the Seacoast region of New Hampshire.
- Website: <https://seacoastoutright.org/>
- **Rural Outright:** A non-profit organization that provides support and resources for LGBTQ+ individuals in rural New Hampshire.
- Website: <https://tlcfamilyrc.org/>
- **Transgender New Hampshire:** An organization dedicated to advocating for the rights and needs of transgender people in New Hampshire.
- Website: <https://www.glad.org/kyr-trans-nh/>
- **Equality Health Center:** A community health center that provides LGBTQ+-affirming healthcare services.
- Website: <https://equalityhc.org/>

New Jersey

- **Garden State Equality:** This organization advocates for LGBTQ+ rights and equality in New Jersey.
 - Website: <https://www.gardenstateequality.org/>

Local Organizations:

- **The Pride Center of New Jersey:** Offers a variety of programs and services for the LGBTQ+ community in New Jersey.
 - Website: <http://www.pridecenter.org/>
- **QSpot LGBT Community Center:** Provides resources, referrals, education, and outreach for the LGBTQ+ community in New Jersey.
 - Website: <https://qspot.org/>
- **EDGE New Jersey:** A youth organization that provides support and resources for LGBTQ+ youth.
 - Website: <https://edgenj.org/>
- **The Trevor Project:** A national organization that provides crisis intervention and suicide prevention services for LGBTQ+ youth.
 - Website: <https://www.trevorproject.org/>

New Mexico

- **Equality New Mexico:** A statewide organization advocating for LGBTQ+ rights and equality.
- Website: <https://eqnm.org/>
- **HEAL Plus NM:** A community organization working to achieve health equity and promote well-being for LGBTQIA+ individuals.
- Website: <https://www.healplusnm.org/>
- **PFLAG Albuquerque:** A local chapter of PFLAG, providing support and advocacy for LGBTQ+ individuals and their families.
- Website: <https://www.pflag.org/>

New York

- **Equality New York:** Advocates for LGBTQ+ rights and equality in New York State.
 - Website: <https://www.equalityny.org/>

Local Organizations:

- **The Lesbian, Gay, Bisexual & Transgender Community Center (NYC):** Offers a wide range of programs and services for the LGBTQ+ community in New York City.
 - Website: <https://gaycenter.org/>
- **Pride Center of Western New York:** Provides support, advocacy, and education for the LGBTQ+ community in Western New York.
 - Website: <http://www.pridecenterwny.org/>
- **Pride Center of the Capital Region:** Offers a variety of programs and services for the LGBTQ+ community in the Capital Region.
 - Website: <https://capitalpridecenter.org/>
- **Dutchess County Pride Center:** Provides support and resources for the LGBTQ+ community in Dutchess County.
 - Website: <https://www.dutchesspride.org/>
- **Rockland County Pride Center:** Offers a range of programs and services to the LGBTQ+ community in Rockland County.
 - Website: <https://rocklandpridecenter.org/>
- **Brooklyn Community Pride Center:** Provides support, advocacy, and education for the LGBTQ+ community in Brooklyn.
 - Website: <https://brooklynpride.org/>
- **Pride Center of Staten Island:** Offers a variety of programs and services to the LGBTQ+ community in Staten Island.
 - Website: <https://www.pridecentersi.org/>

North Carolina

- **Equality NC:** This organization advocates for LGBTQ+ rights and equality in North Carolina.
 - Website: <https://equalitync.org/>

Local Organizations:

- **PFLAG-Triangle:** This organization provides support and education for LGBTQ+ individuals and their families in the Raleigh-Durham area.
 - Website: <https://pflagtriangle.org/>
- **Charlotte Pride:** This organization hosts annual Pride events and provides resources for the LGBTQ+ community in Charlotte.
 - Website: <https://charlottepride.org/>
- **Time Out Youth:** This organization provides support and services for LGBTQ+ youth in North Carolina.
 - Website: <https://timeoutyouth.org/>

North Dakota

- **FM Pride Collective and Community Center:** This organization provides a safe space for LGBTQ+ individuals to connect, socialize, and receive support. Their website is: <https://www.fmpridecollective.org/>

Statewide Organizations:

- **Dakota OutRight:** This organization works to advance LGBTQ+ rights and equality in North Dakota. Their website is: <https://dakotaoutright.org/>

Ohio

- **Kaleidoscope Youth Center:** This organization provides a safe space for LGBTQIA+ youth in Columbus, offering support, resources, and programming. <https://www.kycoho.org/>
- **Stonewall Columbus:** A community center that offers a variety of programs and services, including support groups, advocacy, and education. <https://stonewallcolumbus.org/>
- **Equality Ohio:** This statewide organization advocates for LGBTQIA+ rights and equality. <https://equalityohio.org/>
- **TransOhio:** A statewide organization dedicated to improving the lives of transgender people. <https://transohio.org/>

QTPOC-Specific Resources:

- **Black Queer Youth Collective:** This organization provides support, resources, and community for Black LGBTQIA+ youth. <https://bqyc.org/>
- **TransLatin@ Coalition:** This national organization advocates for the rights and well-being of transgender Latinx people. <https://translatinacoalition.org/>

Oklahoma

- **Oklahomans for Equality (OkEq):** This organization advocates for LGBTQ+ rights and operates the Dennis R. Neill Equality Center.
 - Website: <https://okeq.org/>
- **Freedom Oklahoma:** This organization focuses on LGBTQ+ advocacy, education, and community building.
 - Website: <https://freedomoklahoma.org/>
- **PFLAG Oklahoma City:** This organization provides support and resources for LGBTQ+ individuals and their families.
 - Website: <https://pflagoklahomacity.org/>

Mental Health Resources:

- **Access to Counseling:** This LGBTQ+-owned and operated practice provides mental health services.
 - Website: <https://pflagoklahomacity.org/resources>
- **Bright Eyes Family Services:** This organization offers mental health services, including LGBTQ+-affirming therapy.
 - Website: <https://www.brighteyesfamilyservices.com/>

Oregon

- **Basic Rights Oregon:** <https://basicrights.org/>
 - Advocates for LGBTQIA+ rights and equality in Oregon.
- **Oregon LGBTQ Youth & Family Resources:** <https://oregonlgbtqresources.org/>
 - Provides resources and support for LGBTQ+ youth and families.
- **Pride Northwest:** <https://www.pridenw.org/>
 - Organizes Pride events and offers resources for the LGBTQIA+ community.

QTPOC-Specific Resources:

- **QTPOC National Resources:** <https://counseling.oregonstate.edu/resources-qtbipec-students>
 - Provides resources and support for Queer and Trans People of Color.
- **Human Rights Campaign QTBIPOC Mental Health & Well-being:** <https://www.hrc.org/resources/qtbipec-mental-health-and-well-being>
 - Offers resources and support for QTBIPOC mental health.

Additional Resources:

- **Oregon Alliance to Prevent Suicide (LGBTQ+ Advisory Group):** <https://oregonalliancetopreventsuicide.org/lgbtq-advisory-group/>
- **Lake Health District (ALLIES program):** <https://www.lakehealth.org/>
- **Oregon State University LGBTQ+ Resources:**

<https://counseling.oregonstate.edu/resources-qtbipec-students>

Puerto Rico

- Centro Comunitario LGBT de Puerto Rico: 787-294-9850
- Proyecto Matria - GAIA Arcoiris: 787-704-2222
- Centro Ararat: 787-284-5884
- HOPE Clinic: 787-497-0800
- Proyecto CARIB: 787-833-6399
- Trans Tanamá: 787-200-9007 / 787-200-9487
- PR Trans Youth Coalition: prtransyouth@gmail.com FB: @PRTransYouthCoalition
- La Sombrilla Cuir Lasombrillacuir@gmail.com FB/IG: @lasombrillacuir
- Directorio de Servicios LGBTQ de Puerto Rico: www.servicioslgbtpr.com
- Waves Ahead Puerto Rico and its Community Center provide advocacy and services for the LGBT+ older adults.
<https://wavesahead.org/>

Rhode Island

- **LGBTQ Action RI:** A statewide advocacy organization working to secure equality and justice for LGBTQ+ Rhode Islanders. <https://www.facebook.com/LGBTQActionRI/>
- **Providence gay flag football league** <https://www.pvdgffl.org/>.
- **Queer RI:** A collaborative hub of LGBTQ+ resources in Rhode Island, providing information on community events, support groups, and other resources.
<https://queerri.com/>
- **Pride Center of Rhode Island:** A community center offering support, events, and resources for LGBTQ+ individuals. <https://www.facebook.com/RILGBTCenter/>
- **Rhode Island Pride** brings together the greater LGBTQIA+ community to commemorate our diverse heritage, foster inclusion, educate and create awareness of issues, and celebrate achievements in equality. <https://prideri.org/>

South Carolina

- **SC Equality:** A statewide LGBTQ+ advocacy organization working to advance equality and justice. <http://www.equalmeanseveryone.org/>
- **Harriet Hancock Center:** A community center offering support, events, and resources for LGBTQ+ individuals in Columbia. <http://harriethancockcenter.org/>
- **Alliance for Full Acceptance:** An organization that advocates for LGBTQ+ rights and equality in Charleston. <https://www.affa-sc.org/>
- **Lowcountry Pride:** A local LGBTQ+ organization that organizes Pride events and provides resources for the LGBTQ+ community in Beaufort County.
<https://www.lowcountrypride.org/>

- **864Pride:** A nonprofit organization focused on increasing access to mental health and medical services for the LGBTQ+ community in Upstate South Carolina. <https://www.queerwellnesscenter.org/>
- **Grand Strand Pride:** A local LGBTQ+ organization that advocates for LGBTQ+ rights and organizes Pride events in the Grand Strand area. <https://grandstrandpride.com/>

Tennessee

- **Tennessee Equality Project:** A statewide LGBTQ+ advocacy organization working to advance equality and justice. <https://www.tnep.org/>
- **OUTMemphis:** A community center offering support, events, and resources for LGBTQ+ individuals in Memphis. <https://www.outmemphis.org/>
- **Knox Pride:** A local LGBTQ+ organization that organizes Pride events and provides resources for the LGBTQ+ community in Knoxville. <https://www.knoxpride.com/>
- **Pride Community Center of the Tri-Cities:** A community center offering support, events, and resources for LGBTQ+ individuals in the Tri-Cities area. <https://pridetricities.com/>
- **Just Us at Oasis Center:** A program within the Oasis Center in Nashville that provides support and resources for LGBTQ+ youth. <https://justusoasis.org/>
- **Appalachian OUTreach:** A community center offering support, events, and resources for LGBTQ+ individuals in East Tennessee. <http://www.appalachianoutreaching.org/>

Texas

- **Centerlink LGBTQ Community Member Centers in Texas search:** <https://www.lgbtqcenters.org/LGBTCenters/State/8/Texas>
- **Dallas Hope Charities:** Dallas Hope Charities' mission has been to reduce homelessness among young adults in North Texas with our LGBTQ-focused shelter in the Dallas area, tailored to the needs of individuals ages 18-24. https://dallashopecharities.org/programs/dallas-hope-center/?gad_source=1&gclid=Cj0KCQiAoa5BhCNARIsADVLzZdK4hgsHyNJcQbGH-QBDUFaTbf_KLlnZwzTNSC6u9hfu88oG266F74aAgFrEALw_wcB
- **Equality Texas:** A statewide LGBTQ+ advocacy organization working to advance equality and justice. <https://www.equalitytexas.org/community-resources/>
- **Resource Center:** A community center in Dallas offering a wide range of programs and services, including HIV/AIDS services, mental health counseling, and youth programs.
- **The Center - Pride Center San Antonio:** A community center offering support, events, and resources for LGBTQ+ individuals in San Antonio. <https://pridecentersa.org/>
- **Out Youth:** A youth-focused organization in Austin that provides support, education, and advocacy for LGBTQ+ youth. <https://www.outyouth.org/>
- **Pride Community Center:** A virtual community center that offers online resources and support for LGBTQ+ individuals across Texas. <https://www.pridecc.org/>
- **Borderland Rainbow Center:** A community center offering support, events, and resources for LGBTQ+ individuals in El Paso. <https://www.borderlandrainbow.org/>

- **PFLAG** is the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies. <https://www.roundrockpride.com/resources>
- **TENT** is an organization dedicated to furthering gender diverse equality in Texas. They work to accomplish this through education and networking in both public and private forums. Through their efforts they strive to halt discrimination through social, legislative, and corporate education. <https://www.transtexas.org/>
- **Maven Youth:** A youth-focused organization in Houston that provides support, education, and advocacy for LGBTQ+ youth. <https://www.mavenyouth.org/>

Utah

- **ACLU Utah:** The ACLU of Utah is a non-profit organization that works to protect civil liberties and individual rights in Utah. <https://www.acluutah.org/en>
- **Equality Utah:** A statewide LGBTQ+ advocacy organization working to advance equality and justice. <https://www.equalityutah.org/>
- **Encircle:** A non-profit organization that offers mental health services and other programs for LGBTQ+ youth and families. <https://encircletogether.org/>
- **Utah Pride Center:** A community center offering support, events, and resources for LGBTQ+ individuals. <https://utahpridecenter.org/>
- **Utah LGBTQ+ Chamber of Commerce:** A business organization that promotes economic development and opportunity for LGBTQ+ individuals. <https://www.utahlgbtqchamber.org/>
- **Transgender Education Advocates of Utah (TEA Utah):** An advocacy organization working to improve the lives of transgender people in Utah. <https://www.transjusticefundingproject.org/>

Vermont

- **Outright Vermont:** A statewide organization that provides support, education, and advocacy for LGBTQ+ youth. <https://outrightvt.org/>
- **Pride Center of Vermont:** A comprehensive community center dedicated to advancing community and the health and safety of LGBTQ+ Vermonters. <https://www.pridecentervt.org/>
- **Queer Connect Rutland:** A group that strives to build LGBTQIA+ community in Rutland County and throughout Southwest Vermont. <https://queer-connect.com/>
- **Rainbow Umbrella of Central Vermont:** An LGBTQ social and political group in Central Vermont. <https://www.facebook.com/RainbowUmbrellaVT>
- **Out in the Open:** Builds rural LGBTQ+ community, visibility, knowledge, and power. <https://www.weareoutintheopen.org/>
- **LGBTQ+ Vacation in Vermont:** discusses Vermont as a haven for LGBTQ+ travelers, including things to do, places to visit, and Vermont's LGBTQ+ history. <https://vermontvacation.com/things-to-do/trip-ideas-itineraries/lgbtq-travel/>

- **Commission on Women | Vermont:** they provide to women and LGBTQ+ individuals. The Vermont Commission on Women provides a variety of resources and services to women and LGBTQ+ individuals in Vermont. <https://women.vermont.gov/lgbtqia>

Virginia

- **Equality Virginia:** A statewide LGBTQ+ advocacy organization working to advance equality and justice. <https://equalityvirginia.org/>
- **Diversity Richmond:** A nonprofit organization that promotes diversity, equity, and inclusion in the Richmond metropolitan area. <https://www.diversityrichmond.org/>
- **Hampton Roads Pride:** A local LGBTQ+ organization that organizes Pride events and provides resources for the LGBTQ+ community in the Hampton Roads area. <https://www.hamptonroadspride.org/>
- **Shenandoah LGBTQ Center:** A community center offering support, events, and resources for LGBTQ+ individuals in the Shenandoah Valley. <https://www.shenlgbtqcenter.org/>
- **LGBT Center of Hampton Roads:** A community center offering support, events, and resources for LGBTQ+ individuals in the Hampton Roads area. <https://lgbtlifecenter.org/>

Virgin Islands

- **St. Croix Pride:** A local organization that advocates for LGBTQ+ rights and organizes Pride events in St. Croix. <https://www.stcroixpride.org/>

Washington

- **Seattle's LGBTQ Center:** A comprehensive community center offering a wide range of programs and services, including health services, support groups, social events, and youth programs. <https://www.gaycity.org/>
- **LGBTQ+ Community Resources:** Local Resources & Organizations <https://guides.lib.uw.edu/uwbcc-lgbtq-resources/puget-sound-regional-resources>
- **Lambert House:** A youth-focused organization that provides support, housing, and education to LGBTQ+ youth in Seattle. <https://www.lamberthouse.org/>
- **Ingersoll Gender Center:** A community center that provides resources and support for transgender and gender non-conforming people. <https://ingersollgendercenter.org/>
- **Entre Hermanos:** A Seattle-based organization dedicated to promoting the health and well-being of the Latinx Gay, Lesbian, Bisexual, Transgender, and questioning community. <https://entrehermanos.org/>
- **Tacoma Pride:** A local organization that organizes Pride events and provides resources for the LGBTQ+ community in Tacoma. <https://tacomapride.org/?v=92a31fc033f7>

West Virginia

Huntington, WV area:

- [Dr. Rainbow](#) - An online resource to find an LGBTQ friendly healthcare professional. Doctors can either self-certify or are community certified.
- [Trans Health Guide](#) - Trans specific healthcare guide for WV residents from Fairness West Virginia.
- [West Virginia Name & Gender Change Guide](#) - All of the info you will need to change name and gender markers in the Mountain State.
- [LGBTQ Wedding Resource Guide for WV](#)
- [OPEN TO ALL Campaign](#) - A Huntington guide to businesses, organizations and religious organizations that have taken the 'Open to All' pledge, which in part, includes welcoming and including LGBTQ+ customers, clients, members, etc.
- [LGBT Teen Support Group](#) - A new teen support group meeting in Huntington at 1005 5th Ave (Chase Bank Building) Suite 250, NECCO office. For exact meeting times, visit the [FAST facebook page](#) or email natalie.b.murphy@WV.gov or lora.g.moore@wv.gov
- [The Center - Youth Opportunity Hub](#) - The Center was created in part to be a safe space for LGBTQ+ youth.
- [Marshall University LGBTQ+ office](#)
- [Huntington Human Relations Commission](#) - The commission charged with enforcing the city's LGBTQ inclusive non-discrimination ordinance.
- [Cabell County Schools anonymous reporting app](#) - The STOPit app allows students to anonymously report incidents happening in their school.
- [Transgender Huntington FB page](#) - Moderated by a local trans resident. Provides support and resources for the trans community.
- [OLOC Tri-State chapter](#) - Old Lesbians Organizing for Change
- [Lesbian Life FB group](#) - A local private Facebook group for Lesbians to interact. Must request to join.
- [Legal Aid of WV](#) - Legal help 8662554370

Wisconsin

- **Central Wisconsin Pride:** 4 days of stage shows, dance parties, river tubing, camping and more. <https://www.centralwipride.org/centralwipride-about>
- **Fair Wisconsin:** A statewide LGBTQ+ advocacy organization working to advance equality and justice. <https://fairwisconsin.com/>
- **Diverse & Resilient:** A Milwaukee-based organization that works to eliminate health disparities among LGBTQ+ people. <https://www.diverseandresilient.org/>
- **Milwaukee LGBT Community Center:** A community center offering support, events, and resources for LGBTQ+ individuals in Milwaukee. <https://www.mkelgbt.org/>

- **OutReach LGBT Community Center:** A community center offering support, events, and resources for LGBTQ+ individuals in Madison. <https://www.outreachmadisonlgbt.org/>
- **The LGBT Center of SE Wisconsin:** A community center offering support, events, and resources for LGBTQ+ individuals in Southeastern Wisconsin. <https://lgbtsewi.org/>
- **7 Rivers LGBTQ Connection:** A community center offering support, events, and resources for LGBTQ+ individuals in Western Wisconsin. <https://www.7riverslgbtq.org/>

Wyoming

- **Wyoming Equality:** This organization advocates for LGBTQ+ rights and equality in Wyoming. They work on a variety of issues, including LGBTQ+ healthcare access, nondiscrimination protections, and education. <https://www.wyomingequality.org/>
- **Casper Pride:** create space for all by providing inclusive events, diverse programs, and vital resources for the wellbeing and rights of the LGBTQ+ community. <https://casperpride.com/>
- **Jackson Hole:** This website will highlight events related to Pride in June and queer happenings other times too, because we know it's true when we say that we are here and we are queer, all year long. <https://www.jhpride.com/>
- **The ACLU** The ACLU works to ensure that lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights, personal autonomy, and freedom of expression and association. <https://www.aclu.org/issues/lgbtq-rights>
- **Rock Springs Pride** is focused on promoting LGBTQ+ visibility and acceptance within our community and beyond. <https://rspride.com/#intro>
- **Pride Cheyenne** is a free street fair, celebrated downtown during the pride month of June. <https://www.pridecheyenne.org/>