



2024 Post-Election Statement

Approved by the SAIGE Board on January 14, 2025

Our community is hurting right now, and we hear you. As counseling professionals devoted to the LGBTQ+ community, we at SAIGE are deeply concerned by the [reported increase](#) in mental health crises among LGBTQ+ youth following the 2024 presidential election. After the results of the election were announced, there was a 700% rise in calls to crisis lines by LGBTQ+ youth. We are also aware that LGBTQ+ youth are not the only marginalized population that has been and will continue to be negatively impacted by the results of the election. Politicians and political platforms alike have clearly stated the intent to enact legislation that will negatively impact LGBTQ+ individuals, such as discontinuing funding for gender affirming care, banning trans individuals from sports, and rewriting Title IX protections for LGBTQ+ students in schools.

This legislation has a tangible impact on our community. One [recent study](#) found that anti-transgender state laws contributed to a 72% increase in suicide attempts among transgender and nonbinary individuals, compared to states without such legislation. Additionally, the pervasive [scapegoating](#) of transgender individuals during election cycles has led to stigma and misinformation, which harm the mental health and safety of these communities. We at SAIGE continue to stand firm in our unwavering support for LGBTQ+ individuals and communities, especially as we are under legislative attack. We continue to acknowledge the adverse impacts that harmful legislation and rhetoric have on the mental health of LGBTQ+ individuals including the stressors, trauma, and spirit-breaking that has occurred due to recent election results.

We at SAIGE dedicate ourselves, as an organization, to continue advocating alongside LGBTQ+ communities. The outcomes of the recent election have underscored both progress and persistent challenges faced by marginalized populations, particularly transgender individuals, whose lives and identities continue to be politicized through harmful rhetoric. We acknowledge that there is a continued [epidemic of violence](#) against our marginalized communities and dedicate ourselves to align with our [guiding values](#) and [mission](#) to continue to be a source of support, consultation, and unyielding advocacy in the coming years.

See pages 2 and 3 of this document for a list of resources.

2024 Post-Election Statement Resource List

This resource list has been assembled for your convenience and reference, as appropriate. This list of resources is not presented in a specific order, is not exhaustive, and is intended to provide starting points to support you, your communities, and/or your work, as relevant.

Urgent/Crisis Services:

** indicates non-carceral support*

- Hotlines
 - 988 Lifeline (mental health concerns): 988; <https://988lifeline.org/>
 - RAINN (sexual violence concerns): 1-800-656-HOPE; <https://rainn.org/>
 - Call BlackLine (prioritizes BIPOC LGBTQ+ persons)*: 1-800-604-5841; <https://www.callblackline.com/> (also available as an app for smartphones)
 - Trans Lifeline*: 1-877-565-8860; <https://translifeline.org/hotline/>
 - THRIVE Lifeline*: Text “THRIVE to 313-662-8209 for 24/7 text-based support for mental health by and for multiply marginalized individuals; <https://thrivelifeline.org/>
 - National Coalition for the Homeless (for unhoused and displaced): 1-202-462-4822; <https://nationalhomeless.org/>
- Find a Warmline (access to peer support): <https://www.warmline.org/>
- The Trevor Project
 - <https://www.thetrevorproject.org/get-help/>
 - <https://www.thetrevorproject.org/resources/guide/here-for-you-24-7-how-to-reach-out-to-the-trevor-project/>
- Human Rights Campaign Resources: <https://www.hrc.org/resources/qtbiopoc-mental-health-and-well-being>
- THRIVE Lifeline Non-carceral Resource List: <https://drive.google.com/file/d/1C3RJpE2o2W5cKM78pdCigVXQEMGMC1hz/view>
- Don’t Call The Police (Community-based alternatives to police in your city): <https://dontcallthepolice.com/>*

Educational Resources:

- TransPsychologist.com Webinar: [Supporting Trans & Nonbinary Communities in Post-Election Distress](#)
- Human Rights Campaign
 - <https://www.hrc.org/resources>
 - Highlight: [Schools in Transition: A Guide for Supporting Transgender Students in K-12 Schools](#)

- The Trevor Project
 - Online Community for LGBTQ+ young people: <https://www.thetrevorproject.org/trevorspace/>
 - Volunteer Opportunities: <https://www.thetrevorproject.org/volunteer/>
 - Highlight: [2024 Guide to Being an Ally to Trans and Nonbinary Young People](#)
- RAINN (Rape, Abuse & Incest National Network): <https://rainn.org/>
- Sage (Advocacy & Services for LGBTQ+ Elders): <https://www.sageusa.org/your-rights-resources/>
- PFLAG (support, education, and advocacy for LGBTQ+ people and families): <https://pflag.org/find-resources/>
- Forward Together (reproductive justice organization): <https://forwardtogether.org/>
- Advocates for Trans Equality: <https://transequality.org/what-we-do>
- TransYouth Family Allies: <http://imatyfa.org/index.html>
- GLSEN (toward creating affirming learning environments for LGBTQ+ youth): <https://www.glsen.org/>
- GSA Network (LGBTQ racial and gender justice organization that empowers and trains youth leaders): <https://gsanetwork.org/>
- Point Foundation (LGBTQ Scholarship Fund): <https://pointfoundation.org/>
- LGBTQ+ Identity Illustration: [Flying Gender Unicorn](#) (.pdf image)
- Peer Reviewed Journal Articles
 - [The Stench of Bathroom Bills and Anti-Transgender Legislation.pdf](#)
 - [Pubertal Suppression for Transgender Youth and Risk of Suicidal Ideation.pdf](#)
 - [Everyday Experiences of Microaggressions for LGBTQ Adolescents.pdf](#)
 - [Developing a Rubric for Supervision of Students Counseling LGBTQ Clients.pdf](#)
 - [Anxiety and Depression Across Gender and Sexual Minorities.pdf](#)

SAIGE Specific Links/Resources:

- [SAIGE Website](#)
- [Public Policy Advocacy Resource Drive](#)
- [Resources for the Public](#)
 - [State-Specific Resources](#)
- [SAIGE State Branches](#)
- [Statements](#)
- [Continuing Education](#)